



Caregiver Resource Guide

For Loved Ones of Seniors with Alzheimer's or Dementia



Heart of Illinois



Aging & Disability Resource Network

Central Illinois Agency on Aging, Inc.

CENTRAL ILLINOIS AGENCY ON AGING, INC.

700 Hamilton Blvd.

Peoria, IL 61603

(309) 674-2071 or (877) 777-2422

www.ciaoa.net

Serving: Fulton, Marshall, Peoria, Stark, Tazewell &

Woodford Counties



ALZHEIMER'S FOUNDATION OF AMERICA

ARE YOU A CAREGIVER?



Are you helping someone do chores or house cleaning that they can no longer do for themselves?

You might be a caregiver...

If you are helping with cleaning, cooking, medications, doctor appointments, transferring and companionship you may be one of the thousands of caregivers who are helping someone or more than one person with a disability or chronic illness stay independent in our six county area of service. This care is frequently provided out of a compassionate heart and sense of responsibility towards a family member who at one time was the mother or father who provided for all of the basic needs. In other cases, a spouse is the primary caregiver and has limited support from friends or family.

If you fit the above description, consider the value of caregiver support and respite care as a way to continue providing compassionate care while at the same time allowing yourself to have time for rest and recreation. The federal government has provided funding through the Family Caregiver Act to help caregivers have a break with a service called respite care. This break can consist of a professional caregiver providing supervision while you have an opportunity to take care of yourself. You can have time to enjoy a lunch with a friend, or attend your own medical appointment, knowing that your family member has the care they need. The healthier you are as the caregiver the more likely your loved one can continue to live independently.

Some statistics from a study on National Family Caregiver services indicated 82.6 % of caregivers reported that the services they received from the program made it easier to provide care. 77 % surveyed indicated that services they received enabled them to provide care longer than if they did not receive services and 48% surveyed indicated that the respite services they received were of most benefit to them (ACL/AOA, 2014).

Find out about respite services or other caregiver supports by contacting the Central Illinois Agency on Aging, Inc. and our caregiver information and assistance specialist's Mitch Forrest or Pat Wells at 309-674-2071.



Central Illinois Agency on Aging, Inc.

WELCOME

This resource guide has been brought to you by the Central Illinois Agency on Aging, Inc. through a generous grant from the Alzheimer's Foundation of America. You will find available information on agencies, housing, social services and more available to seniors in the Central Illinois area.

We are dedicated to ensuring that every senior in our community has access to the services that allow them to age with the dignity, grace and respect they deserve.

Please utilize the resource listings on these pages to help you navigate through the wide variety of services available. It is our sincere pleasure to bring this resource to you and your loved ones.

Keith Rider

Keith Rider, CMA
President and CEO
Central Illinois Agency on Aging, Inc.



Keith Rider, CMA
President & CEO

Let Central Illinois Agency on Aging, Inc. be your Connection into the Network of Community Services!

Some of the services we offer:

- Caregiver Assistance and Support
- Community Education
- Grandparents Raising Grandchildren Program
- Information and Assistance
- License Plate Sticker Discounts/Free Bus Passes
- Medicare Part D - Prescription Assistance
- Nutrition - Home Delivered/Congregate Meals
- Respite for Caregivers
- Transportation Services
- Volunteer Opportunities



Heart of Illinois



Central Illinois Agency on Aging, Inc.

The Central Illinois Agency on Aging, Inc. is a 501 (c)(3), Non-Profit that provides services to residents of the following counties in Illinois: Fulton, Marshall, Peoria, Stark, Tazewell, and Woodford. Donations are accepted and all contributions are tax deductible.

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CIAA (309) 674-2071 or (877) 777-2422

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ADULT DAY PROGRAMS

Adult day programs offer recreational activities, meals, and socialization all in a safe and secure environment with nursing staff assistance.

Bird In The Hand Health Care Staffing

Adult Respite Care Home

614 State Rt. 116

Metamora, IL 61548

(309) 467-5254

birdinthehandstaffing.com

Our agency can be reached 24 hours per day to provide reliable and professional Caregivers, Nurses, CNAs, Medical Office Assistants, Food Handlers. DHS licensed:

- Medicare
- Medicaid
- VA vouchers
- Private Pay

Country Comfort Retirement

829 N. Huff

Elmwood, IL 61529

(309) 742-2274

countrycomfortretirement.com

(Also, located in Henry and Princeton)

Visits can be daily, weekly or by the hour as needed, Meals, Activities, ADL assist, and supervision. Client visits can be scheduled or brought in same day when needed.

- Private Pay

Five Benefits of Adult Day Programs

1. Needed respite for caregivers
2. Socialization for Seniors
3. Safe and secure environment
4. Provides mental stimulation
5. Helps relieve stress of caregiving

ADULT PROTECTIVE SERVICES

Adult protective services include agencies that help all people – women, men, and children – to live free from violence and abuse. Abuse can be in the form of physical, mental, emotional, financial, or neglect. Caseworkers work closely with clients to alleviate abuse and keep them safe. They can also assist with orders of protection and help provide legal advocacy. A Long Term Care Ombudsman Program may also be within this service to investigate and resolve complaints in nursing homes, supportive living facilities, and assisted living facilities.

Center for Prevention of Abuse

720 W. Joan Ct.

Peoria IL 61614

(309) 637-3905

centerforpreventionofabuse.org

After hour: (800) 279-0400

Free and confidential services 24/7 for seniors 60+ and adults 18-59 with disability that may have been abused, neglected and/or financially exploited. Follow up support and referrals are provided as needed. CFPAS Adult Protective Services can assist in investigating abuse in the home.

Consumer Fraud Hotline

(800) 243-5377

ag.state.il.us/consumers/

If you have been the victim of consumer fraud or scamming contact this number to file complaint and get resources for a solution.

Home Care Ombudsman

Illinois Dept. on Aging

One Natural Resources Way, Ste. 100

Springfield, IL 62702-1271

(800) 252-8966

aging.hcprogram@illinois.gov

Identify, investigate and help to resolve complaints about Medicaid waivers and managed care programs.

Identity Theft Hotline

500 S. 2nd St.

Springfield, IL 62701

(866) 999-5630

<https://www.illinoisattorneygeneral.gov/consumers/hotline.html>

If you have been the victim of identity theft or may have been compromised.

Long Term Care Ombudsman

720 W. Joan Ct.

Peoria, IL 61614

(309) 272-2917

aging.ilsenior@illinois.gov

Case workers advocate for persons living in licensed facilities. They investigate and work to resolve complaints made by, or on behalf of, residents.

Nursing Home Hotline

(800) 252-4343

idph.state.il.us

To report the abuse, neglect or exploitation of older persons living in a long term care facility such as a nursing home or assisted living.



Peoria Sheriff's Office

301 N. Maxwell Rd,
Peoria, IL 61604
(309) 697-8515
peoriacounty.org/445/Sheriff
Peoria County's Victim Service Coordinator is on call for crimes of a serious or violent nature, including domestic violence or criminal sexual assault when the injured party requires immediate medical treatment.

Statewide 24 Hr Elder Abuse Hotline

IL Dept. on Aging
One Natural Resources Way, Ste. 100
Springfield, IL 62702
(866) 800-1409
www.illinois.gov/aging

To report the abuse, neglect or exploitation of older persons living in the community during after-hours operation of Center for Prevention of Abuse.

Supportive Living Hotline

IL Dept. of Human Services Hotline
211 Fulton St., Ste. 300
Peoria, IL 61602
(800) 226-0768
(800) 843-6154
illinois.gov/his/MedicalPrograms/sif
To file a report the abuse, neglect or exploitation of older persons living in a long term care supportive living facility.



Whether your loved one has a new diagnosis or is in the early stages of dementia Alzheimer's, providing them with mental stimulation can go a long way towards keeping their brains active, stimulated, and as healthy as possible.

The following list outlines community centers and libraries within the six-county region that offer programs geared towards seniors.

Fon Du Lac Park District

Administration Center

201 Veterans Dr.
East Peoria, IL, 61635
(309) 699-3923
fondulacpark.com

A large variety of programs and outings are offered every month to give adults opportunities to enjoy leisure time, promote social connections, stimulate the mind, and experience fun. Participants do not have to reside in East Peoria, and adults of all ages can participate.

Hopedale Wellness Center

101 S.W. Main St.
Hopedale, IL 61747
(309) 449-4500
hopedalewc.com/

Hopedale Wellness Center is 34,000 sq. ft., handicap-accessible facility, offering a variety of fitness and rehabilitation resources all under one roof.

Miller Senior Center

551 S. 14th St.
Pekin, IL 61554
(309) 346-5210
pekinparkdistrict.org/millercenter
Day trips, Health and Wellness programs, Special events, Activities, Special interest classes Educational classes and seminars, Transport (handicap accessible bus), Exercise classes and more.

Neighborhood House

1020 S. Matthew St.
Peoria, IL 61605
(309) 674-1131
nhpeoria.org

Programs for men & women give them the opportunity to engage in various activities that foster independence, social interaction and good health. A menu of activities is offered that range from recreation to sewing to bus trips to playing cards & more. During organized events, a nutritious meal and entertainment are provided to each participant.

Pearce Center

610 Cedar St.
Chillicothe, IL 61523
(309) 274-4209
pearcecc.com

Serves as a multi-use recreational complex providing a number of amenities, such as aerobics, weight training, fitness rooms, basketball and volleyball courts, an indoor swimming pool, a sauna, a whirlpool, an indoor track and locker room facilities. It offers special programs for senior citizens, children and adults.

Riverplex

600 N.E. Water St.
Peoria, IL 61602
(309) 282-1700
riverplex.org/

Multiple programs available for seniors including Silver Sneakers, Nutrition and Educational classes.

Humana Neighborhood Center

2601 W. Lake Ave., Ste. A3/A4/A5
Peoria, IL 61615-3754
(309) 691-1677
humana.com/humana-neighborhood-centers/2601-west-lake-avenue-peoria-illinois

Enjoy special events, programs and activities to help you improve your physical and mental well-being. Many of the events can be attended by anyone at no cost. Humana membership is not required.

Five Points - Washington

360 N. Wilmor Rd.
Washington, IL 61571
(309) 444-8222
www.fivepointswashington.org

A local nonprofit, community facility that is committed to enhancing the quality of life and wellbeing of local members across the Washington and Peoria areas through unparalleled quality service, exceptional ease of use and access to facility, family-oriented programs, and fiscally responsible management.

Libraries / Community Programs

Fon Du Lac District Library

400 Richland St.
East Peoria, IL 61635
(309) 699-3917
fondulaclibrary.org

Morton Public Library

315 W. Pershing St.
Morton IL 61550
(309) 263-2200
mortonlibrary.org

Peoria Public Library (Main Library)

107 N.E. Monroe Avenue
Peoria, IL 61616
(309) 497-2000
peoriapubliclibrary.org

Pekin Public Library

301 S. Fourth St.
Pekin IL 61654
(309) 347-7111
pekinpubliclibrary.org

Peoria Heights Public Library

5206, 816 E. Glen Ave.
Peoria Heights, IL 61616
(309) 682-5578
<https://www.peoriaheightslibrary.com/>

Peoria Public Library (Lakeview)

1137 W. Lake Ave.
Peoria, IL 61604
(309) 497-2200
peoriapubliclibrary.org

Spoon River Public Library District

201 S. Third St.
Cuba, IL 61427
(309) 785-5496
cubaspoonriverlibrary.org

Bradley OLLJ

1501 W. Bradley Ave.
Peoria, IL 61625
(309) 677-3900
<https://www.bradley.edu/academic/continue/olli/>
The Oscher Lifelong Learning Institute (OLLI) at Bradley University is an organization of over 1,100 Peoria-area residents, from age 50 to 98, who want to stay vital and active as they reach and enjoy retirement. One way to do that is to keep learning, so they participate in the many programs of OLLJ that include educational travel, classes, study groups, and co-sponsored events.

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net

Non-for-profit, Area Agency on Aging providing services under the Older Americans Act to help adults with disabilities stay independent. Committed to serving seniors, family caregivers, and grandparents raising grandchildren. In Fulton, Marshall, Peoria, Stark, Tazewell and Woodford counties.

Goodwill

2319 E. War Memorial Dr.
Peoria, IL 61614
(309) 682-1113
goodwillpeo.org/services/goodwill-employment-services/
Senior Community Service Employment program is an on-the-job training and employment program designed to help those aged 55 and older update their job skills, build work experience and confidence, and continue to have economic security and well-being.

HULT Center for Healthy Living

5215 N. Knoxville Ave.
Peoria, IL 61614
(309) 692-6650
hulthealthy.org
Adult Health Education, Diabetes Prevention, Fall Prevention and Management, Oncology Counseling Services and more. See website or call for more information.

Illinois Central College

5407 N. University St.
Peoria, IL 61614
(309) 690-6900
cce.icc.edu/acp/
Topics range from art to collectibles and antiques, computers, gardening, crafts, cooking, film, personal growth, fitness, home, and special interests. There are also day trips and special events. Unless otherwise stated, programs are designed for adults 18 and over.

Life Matters Care Consultants

P.O. Box 10783
Peoria, IL 61612
(309) 397-8410
lifematterscareconsultants.com
Private, Disease Education and Advocacy Assistance for families

Miller Senior Center

551 S. 14th St.
Pekin, IL 61554
(309) 346-5210
pekinparkdistrict.org/millercenter.html
Educational classes and seminars, health and wellness programs, exercise classes, special interest classes day trips, and more.

AARP Driver Safety

Courses held at the ICC North Campus
5407 N. University St.
Peoria, IL 61635
(888) 687-2277

aarp.org/auto/driver-safety
Courses held at the ICC North Campus
Learn the current rules of the road, defensive driving techniques and proven safety strategies to help keep you safe while on the road. Completion of this class may qualify you for a discount on your driving insurance.

Alzheimer's Association

614 W. Glen Ave.
Peoria, IL 61614
(309) 681-1100
Alz.org/illinois
Offers online and in person classes on dementia including Know the 10 Signs, and informal caregiver education. Through live webinars, we offer a variety of topics, professional speakers, and an opportunity to ask questions if you desire. Webinars are convenient and designed to meet the needs of busy caregivers and family members.

EDUCATION

This category refers to opportunities to attend educational events such as listening to a speaker, registering for a seminar, or attending a set of classes on a specific topic, for example something about dementia. Also listed are organizations that provide safe-driving classes for seniors.

Peoria Area SeniorNet
P.O. Box 9552
Peoria, IL 61612
(800) 457-1089
peoriaareaseniornet.org

The Peoria Area SeniorNet is an all-volunteer organization of seniors, fifty and older. Our goal is to promote computer, tablets, smart phones, digital cameras, various software products, and other computer-related topics. Classes are offered twice a year, spring and fall.



EMERGENCY

Crisis/Emergency centers provide around-the-clock crisis assessment, intervention and referral services, and police-dispatched mobile units in response to emergencies and crises. These centers respond to psychiatric emergencies, drug/alcohol emergencies, suicide attempts, family or relationship difficulties, non-criminal police contacts, and requests to meet basic living needs in an emergency.

Trained receptionists answer a 24 hour, 7 days a week helpline and refer callers to highly trained crisis counselors, if necessary. Crisis counselors determine if phone or direct intervention at the client's home is needed. They are available to listen and provide support and resources that will be helpful.

Crisis Response/Centers

Suicide Prevention Lifeline
(800) 273-8255
suicidepreventionlifeline.org/chat/
24/7 trained crisis counselors will be available from your area by phone

ERS Crisis Line: Peoria County
(309) 671-8084
unitypoint.org/peoria/contact-unityplace.aspx

Calls answered 24/7 with referrals to crisis counselors who respond to psychiatric, drug or alcohol related emergencies. They also respond to suicide interventions, family/ relationship issues, non-criminal police contacts and requests for basic living needs.

ERS Crisis Line: Tazewell & Woodford Counties
3248 Vandever Ave.
Pekin, IL 61554
(309) 347-1148
unitypoint.org/peoria/contact-unityplace.aspx

This is a 24hr helpline where if someone is suicidal or having thoughts of suicide they can call and a counselor will talk with them and if needed come to their place of residence and provide crisis mental health counseling and intervention.

Hospitals/Emergency Rooms

OSF Saint Francis Medical Center
530 N.E. Glen Oak Ave.
Peoria, IL 61615
(309) 655.2000
osfhealthcare.org

OSF Saint Luke Medical Center
1051 W. South St.
Kewanee, IL 61443
(309) 852-7500
osfhealthcare.org

Unity Point Health Methodist
221 N.E. Glen Oak Ave.
Peoria, IL 61615
(309) 672-5522
unitypoint.org

Unity Point Health - Pekin
600 S. 13th St.
Pekin, IL 61445
(309) 347-1151
unitypoint.org

Unity Point Health - Proctor
5409 N. Knoxville Ave.
Peoria, IL 61603
(309) 691-1000
unitypoint.org

Graham Hospital
210 W. Walnut St.
Canton, IL 61520
(309) 647-5240
grahamhealthsystem.org

Perry Memorial Hospital
530 Park Ave. E
Princeton, IL 61356
(815) 875-2811
perrymemorial.org



Advocate Eureka Hospital
101 S. Major St.
Eureka, IL 61530
(309) 467-2371
advocatehealth.com/eureka

FINANCIAL ASSISTANCE

This category lists agencies that may provide financial assistance for specific needs, if there are available funds. Examples of specific needs are utilities, medical, and rent.

General Assistance

Aid to the Aged, Blind and Disabled (AABD)

211 Fulton St., Ste. 300

Peoria, IL 61602

(309) 671-8100

(866) 451-5763 TTY

dhs.state.il.us

This cash assistance program is available through the Illinois Department of Human Services. A person who is eligible for AABD receives cash and medical assistance and may also be eligible for the Supplemental Nutrition Assistance Program (SNAP).

For more information or to apply, contact the Department of Human Services Help-Line at (800) 843-6154.

Connection of Fulton County

103 S. Main St., Ste. A

Canton, IL 61520

(309) 649-0048

healthwellnessclinic.org

Assists residents with medical needs, including help with medication costs and diabetic supplies, vision and dental care costs, health education classes, transportation costs, blood pressure checks, flu shots, weight monitoring, provider follow-up and several other services.

Lifeline and Link-Up

Automated voice sign-up

(800) 921-8101

linkupillinois.org

The Link-Up and Lifeline programs help low-income households obtain local telephone services. Link-Up covers some of the costs of telephone installation. The Lifeline program provides a monthly credit to lower the costs of local phone service. For eligibility requirements, contact the local telephone company.

Tazwood Community Services

2109 S. Main St.

Morton, IL 61550

(309) 266-9941

tazwoodcs.org

A non-profit organized for the purpose of reducing the causes and alleviating the effects of poverty in Tazewell and Woodford counties.

Some programs offered are Auto Repair / Maintenance, Dental Care Expense, Furnace Maintenance/Repair, Glasses/Contact Lenses, Hearing Aids, Prescription Expense, Rental Deposit / Payment Scholarships, Utility Service Payment, Water Service Payment and Weatherization Programs.

Financial Counselors

First Mid Insurance Group

1021 W. Bird Blvd.

Peoria, IL 61615

(309) 306-7405

firstmid.com

Licensed Insurance agent, certified to offer Medicare Advantage and amp: Medicare prescription drug plans, authorized to offer AARP Medicare Insurance, member in good standing with the American Association for Long Term Care Insurance, holds designation as Long Term Care Professional.

Integrity Plus Financial Solutions

1014 W. Pioneer Pkwy.

Peoria, IL 61615

(309) 264-1757

facebook.com/staceyreed2016/

Owner is Independent Licensed Insurance Agent for 20 years, specializing in financial and retirement planning and long term care insurance and will provide a free consultation.

METEC Resource Center

2605 W. Krause St.

Peoria, IL 61605

(309) 676-3832

metechrc.org

Access to income-boosting benefits like utility assistance, employment retained over the long-term, for those who are unemployed (or a better job for clients whose wages or hours are not sufficient to meet monthly expenses); and credit-building. Financial Opportunity Centers are based on the Center for Working Families model developed by The Annie E. Casey Foundation.

Navicore Solutions

416 Main St., Ste. 800

Peoria, IL 61606

(888) 784-0136

navicoresolutions.org

A 501(c)(3) non-profit organization that provides compassionate counseling solutions to consumers nationwide in the areas of personal finance, consumer credit, student loans, foreclosure prevention and housing.

Home Repair

Volunteer home modification and home repair programs for individuals and families who meet program eligibility criteria.

Central Illinois Friends

Glen Oak Medical Plaza

120 N.E. Glen Oak Ave., Ste. 201

Peoria, IL 61615

(309) 671-2144

friendsofcentralillinois.org

Help individuals living with HIV to afford their steep medical costs by freeing capital and allowing them to afford their health and their life. If you are in need of rent or utility assistance please contact your Illinois HIV care connect case manager, free STI and screening.

City of Peoria

Neighborhood Department Division, City Hall

419 Fulton St., Rm. 300

Peoria, IL 61602

(309) 494-8656

peoriagov.org

For information about the Emergency Home Repair Program, call the number listed above. See the website for online application and eligibility criteria.

Home Advisor

homeadvisor.com
Simply complete a Repair and Maintenance service request form, answering a few specific questions. By using proprietary technology, HomeAdvisor easily and efficiently matches consumers' Repair and Maintenance requests for local home improvement services with its extensive network of prescreened home improvement service professionals. After processing each detailed Repair and Maintenance request, HomeAdvisor quickly provides the consumer with the information of up to four prescreened, interested Repair and Maintenance professionals. Consumers can also view profile information, contact information, ratings and reviews from previous customers, and a link to each Repair and Maintenance professional's Web site.

His Helping Hands

2527 W. Rohmann Ave.
West Peoria, IL 61604
(309) 674-0086 (leave a message)
hishelpinghandsinc.org

Home Maintenance and Repair (HMR). Current homeowners who are unable to afford or conduct their own home repairs may receive assistance from HHH. Ramp access Made Possible (RMP). Disabled residents may receive a wheel chair ramp custom made to fit their entrance or entrances.

Home Ownership Program (HOP). HHH seeks to empower a new generation of homeowners. We renovate donated homes and make them available for sale to low-income, first-time homeowners, partnering with other organizations in Peoria.

Habitat for Humanity

931 N. Douglas St.
Peoria, IL 61606
(309) 676-6729
habitatpeoria.org

A Brush with Kindness (ABWK) is part of Habitat for Humanity's Neighborhood Revitalization Initiative. It is a nation-wide program serving low-income homeowners who struggle to maintain the exterior of their homes.

Exterior Painting Minor Exterior Repairs, Gutters, Landscaping/Clean-Up
ABWK Qualifications: Must live in an owner-occupied, single-family home.

Must have homeowners insurance. Must be unable to afford the necessary improvements and/or unable to complete the tasks due to age, disability, or circumstance. House income must be less than 80% of the area median income. Must be willing to partner with Habitat for Humanity of Greater Peoria Area through Sweat Equity and/or installment plans as agreed upon in the Scope of Work Agreement. Must be present and engaged at the time of the project and all able-bodied residents must assist volunteers on the repairs.

Rebuilding Together Peoria

P.O. Box 6293
Peoria, IL 61601
(309) 674-2462

rebuildingtogetherpeoriail.com
Rebuilding Together strengthens lives in our most vulnerable communities by providing low-income homeowners with free critical home repairs, accessibility modifications and energy-efficient upgrades.

Southside Mission Hope Builders

1127 S. Laramie St.
Peoria, IL 61505
(309) 676-4604

southsidemission.org/hope-builders
Serving 61605 zip code only. Partnership between Metro Peoria Baptist Association and the Mission by partnering with volunteers, churches, and area businesses. Hope Builders is able to coordinate the repair and renovation of many homes owned by the poor and elderly in the 61605 zip code, one of the 100 poorest zip codes in the United States.

USDA Rural Development

1815 N. University St.
Peoria, IL 61614
(217) 403-6200 or (309) 681-6540

rd.usda.gov/programs-services/single-family-housing-repair-loans-grants
Section 504 Home Repair program. This provides loans to very-low-income homeowners to repair, improve or modernize their homes or grants to elderly very-low-income homeowners to remove health and safety hazards.

To qualify, you must:

- Be the homeowner and occupy the house
- Be unable to obtain affordable credit elsewhere
- Have a family income below 50 percent of the area median income.
- For grants, be age 62 or older and not be able to repay a repair loan

Utilities

Ameren
P.O. Box 1758
Decatur, IL 62525
(888) 690-5700

ameren.com/illinois/warm-neighbors-cool-friends
Assistance for low to moderate-income customers of Ameren. We help senior citizens trying to manage rising expenses on a fixed income and families coping with disability, illness and job loss.

Fulton County Health Department

700 E. Oak St.
(309) 647-1134 ext. 245
fultoncounth.health.com/energy-and-weatherization

Provides Low Income Energy Assistance and Weatherization programs for Fulton County Residents

Peoria Citizen's Committee for Economic Opportunity (PCCEO)

711 W. McBean St.
Peoria, IL 61605
(309) 671-3900
www.pcc eo.org

LIHEAP (Low Income Energy Assistance Program) is comprised of four programs: LIHEAP, the Reconnect Assistance Program, PIPP (Percentage of Income Payment Plan) and the Emergency Furnace Program. Houses must be specific eligibility requirements.



Tazewood Community Services

2109 S. Main St.
Morton, IL 61550
(309) 266-9941
tazwoodcs.org

A non-profit organized for the purpose of reducing the causes and alleviating the effects of poverty in Tazewell and Woodford counties. Some programs offered are Auto Repair / Maintenance, Dental Care Expense, Furnace Maintenance/Repair, Glasses/Contact Lenses, Hearing Aids, Prescription Expense, Rental Deposit / Payment Scholarships, Utility Service Payment, Water Service Payment and Weatherization Programs.

Salvation Army

401 N.E. Adams St.
Peoria, IL 61654
(309) 655-7272

centralusa.salvationarmy.org/heartland/
Offer help for individuals and families who are at risk of a utility shutoff. Utility assistance may include help with Ameren; IL American water bills have to be current disconnect bills and is offered as funding is available. Rent calls are the first Monday of the month at 8:30 (do not take walk-ins). Food Pantry with photo id (call for hours).

Society of St. Vincent de Paul

(309) 677-7696

svdpsocietypeoria.org

In central Illinois, our parish-based conferences operate 9 food pantries and provide assistance to families in need with basic living expenses. Our home visit teams visit people in their homes to understand each situation. We provide referrals to community resources, pray with the family, and when we are able, provide financial assistance in paying outstanding bills.

Citizens Utility Board

309 W. Washington St., Ste. 800
Chicago, IL 60290
(800) 669-5556
citizensutilityboard.org

This organization will serve residents in Peoria, Tazewell, Woodford, Macon, Fulton, McLean, Stark and Putnam counties. Receives complaints & provides occasional negotiation assistance with utility companies.

Tax Preparation

AARP Foundation Tax Aide

(888) 687-2277

aarp.org/money/taxes/aarptaxaid

See website for updated times and hours. Free tax preparation help to anyone and if you're 50 and older and can't afford tax preparation.

METEC Resource Center

2605 W. Krause Ave.
Peoria, IL 61605
(309) 676-3832

metecrc.org

METEC works with families across a seven-county area from our offices on West Krause Avenue in Peoria. Our services help community members find or keep a home, learn a new skill, improve their credit score, file their taxes, access legal support, and more. You can count on us to help connect you to the resources you need.

FOOD ASSISTANCE/MEALS

Organizations that provide food assistance are listed here. For a list of local food pantries call 211 Heart of Illinois United Way (either dial 211 or (309) 999-4029).

For more information on organizations that provide home-delivered meals (Meals on Wheels) and/or congregated meals (senior meal sites) in your area, see below or call Central Illinois Agency on Aging, Inc. at (309) 674-2071.

To apply for home-delivered meals, call the Case Management Service for your area (see "In-Home Care Case Management Services" in the "Home Care" section).

Peoria Area Food Bank.

721 W. McBean
Peoria, IL 61605
(309) 671-3906

peoriafoodbank.org/agency-locator

Find food pantries within your local area utilizing their search tool. For additional locations you can also visit or contact 211.

We Care Inc.

622 W. Jackson St.
Morton, IL 61550
(309) 263-7708

wecareofmorton.com

Morton and rural Tazewell counties
\$3.90 for hot meal \$2.05 sack meal for evening
Delivered Mon. - Fri.

For Home-Delivered Meals in the City of Peoria, Rural Peoria County, and in Tazewell County; and for Congregate Meals in Tazewell County call:

Neighborhood House

1020 S. Matthew St.
Peoria, IL 61605
(309) 674-1131

For Congregate Meals in the City of Peoria, and in Rural Peoria County, call:

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071

For Home-Delivered Meals and Congregate Meals in Fulton County, call:

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071

For Home-Delivered Meals and Congregate Meals in Marshall, Stark, and Woodford Counties, call:

MSW Projects of Henry Illinois

1013 Western Ave.
Henry, IL 61537
(309) 364-2287

Food Sites

First United Methodist Church

116 N.E. Perry Ave. - Wesley Hall

Peoria, IL 61603

(309) 673-3641

fmcpeoria.org

Loaves and Fish is a weekly feeding ministry providing a free hot meal, food pantry, worship service, educational assistance, clothing room and medical clinic to those in need each Saturday from 11:30 am - 1:00 pm.

Neighborhood House

1020 S. Matthew St.

Peoria, IL 61605

(309) 674-1131

nhpeoria.org

Sunday meals from 12 noon to 1:00pm. Any age. No registration required.

Pekin Township

420 Elizabeth St.

Pekin, IL 61554

(309) 346-3194

Spring and summer (June through August):

Wednesday, 8:30 am to 10:30 am

Fall and winter; (September through May):

Wednesday, 9:00 am to 11:00 am

Meals during Christmas, Thanksgiving and

Easter. Contact for details.

Sophia's Kitchen

103 Richard Pryor Pl.

Peoria, IL 61602

(309) 673-6317

catholicpeoria.com/Sophias-Kitchen

These volunteers make hundreds of peanut butter and jelly sandwiches daily. The rest of the menu varies day by day as God provides. Local grocery stores and restaurants donate liberally to help provide filling and nutritious food. Mon-Thu 8:30 am-3:30 pm; Fri 8:30 am-11:30 am.

Southside Mission

1127 S. Laramie St.

Peoria, IL 61605

(309) 676-4604

southsidemission.org/lighthouse-diner

Monday through Friday meet us at the Lighthouse Diner for lunch and Truth.

Meals are prepared and served by the students of the Culinary Arts Training School.

Please arrive promptly at 11:45 am for a daily helping of hot and delicious food and a devotional message shared by a visiting or staff pastor. Please arrive on time, no late entries are allowed.



GERIATRIC MEDICAL & ASSESSMENT SERVICES

Geriatric medical and assessment services include physician offices that specialize in medical services for the elderly. These services include memory assessments and screenings. It should be noted that Family Practice physician offices and Internal Medicine physician offices also might provide geriatric medical services, while not actually specializing in this field.

OSF Medical Group-Washington

10 St. Clare Court, Ste. 100

Washington, IL 61571

(309) 886-4000

osfhealthcare.org

Jessica E. Garceau, CNA

Must have referral from Primary Care Physician.

Accepts:

- Medicare
- Medicaid
- Private Insurance
- Private Pay

OSF Medical Group-El Paso

100 Delaney Dr.

El Paso, IL 61738

(309) 527-2260

osfhealthcare.org

Paul E. Hakes, M.D.

Mon, Tue, Fri: 8 - 5

Wed: 11 - 6 Thu: 8 - 12

Accepts:

- Medicare
- Medicaid
- Private Pay
- Private Insurance

Heartland Community Health

Clinic - Armstrong

320 E. Armstrong Ave.

Peoria, IL 61604

(309) 680-7600

hhsil.com

Larry S. Lindahl, M.D.

Geriatrics Provider

Accepts:

- Medicare
- Medicaid
- Private Insurance
- Private Pay



Unity Point Senior Health

900 Main St., Ste. 470
Peoria, IL 61604
(309) 672-4908
unitypoint.org
Ishani S. Ali, M.D.
Mon: 8 - 12
Wed, Thu, Fri: 8 - 4
Accepts:

- Medicare
- Medicaid
- Private Pay
- Private Insurance

We do not accept Molina Healthcare of IL by appointment only. For patients 55 and above.

OSF Healthcare Illinois Neurological Institute - Memory and Brain Wellness Center

200 E. Pennsylvania Ave.
Peoria, IL 61604
(309) 624-4000
osfhealthcare.org

The OSF HealthCare Illinois Neurological Institute (OSF INI) MDA Clinic is here to help adults and children suffering with a variety of nerve and muscular diseases. Their services are vast and their team consists of physicians, nurses, physical, occupational, respiratory and speech therapists, registered dietitians as well as orthotic, wheelchair and equipment specialists.

Health Insurance Guidance

Medical Reimbursement and Management Services

809 W. Detweiller Dr.
Peoria, IL 61615
(309) 693-1060
mrms-inc.com/

Specializing in assisting seniors with navigating through healthcare options such as Medicare plans, Medicare Advantage plans, long-term care protection, estate planning, and future healthcare availability, there is private pay and a fee for private services.

SHIP Counselors

Free counseling and assistance to Medicare beneficiaries to help them make informed decisions regarding their healthcare.

The Administration for Community Living Office of HealthCare Information and Counseling manages the State Health Insurance Assistance Program (SHIP) grant. The SHIP mission is to empower, educate, and assist Medicare-eligible individuals, their families, and caregivers through objective outreach, counseling, and training, to make informed health insurance decisions that optimize access to care and benefits. The SHIP vision is to be the known and trusted community resource for Medicare information.

Community Care Systems, Inc. (CCSI)

360 N. Main St.
Canton, IL 61520
(309) 647-2222
ccscares.com
Serving Fulton County

State Senator Dave Koehler

551 S. 14th St.
Pekin, IL 61554
(309) 369-1648
Call Senior Health Insurance Program (SHIP) counselor Tammy Hyatt at (309) 369-1648 or email tammyhyatt46@gmail.com to make an appointment for assistance.
Serving Tazewell County.

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net
Serving: Fulton, Marshall, Peoria, Stark, Tazewell, and Woodford Counties.

Heartland Community Health Clinic

1701 W. Garden St.
Peoria, IL 61605
(309) 680-7632
unitypoint.org/peoria/clinic
Serving Peoria County.

Advocates for Access

4450 N. Prospect Rd., Ste. C8
Peoria Heights, IL 61616
(309) 682-3500
advocatesforaccess.com
Serving Peoria County.

Senior Health Assistance Program (SHAP)

Free counseling and assistance applying for prescription drug assistance programs, including Medicare Part D and "Extra Help".

Provides technical assistance, phone support and counseling in order to help Medicare beneficiaries eligible for the Medicare Part D benefit select and enroll in Part D plans and eligible persons (including those under the age of 60) to apply for Medicare Savings Programs (MSP), Social Security Administration's (SSA) Low-Income Subsidy (LIS) Program, Medicare Part B Prevention and Wellness benefit and other prescription drug assistance program options.

Senior Health Assistance Program

General Information 800-252-8966
<https://www2.illinois.gov/services/AGE/shap>

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net
Serving Fulton, Marshall, Peoria, Stark, Tazewell, and Woodford Counties.

Advocates for Access

4450 N. Prospect Rd., Ste. C8
Peoria Heights, IL 61616
(309) 682-3500 (Voice)
advocatesforaccess.com
Serving Fulton, Peoria, Tazewell, Woodford Counties.

**Community Care Systems, Inc. (CCSI)
Case Coordinator**

360 N. Main St.
Canton, IL 61520
(309) 647-2222
ccsicares.com

Case coordination unit, SHIP Coordination site; Matter of Balance classes in Canton, and In-home assessments. Serving Fulton County.

IL Valley Center for Independent Living

18 Gunia Dr., #1
LaSalle, IL 61301
(815) 224-3126
ivcil.com

Disability service, transitioning out of nursing homes, finding personal assistants, independent nursing skills and an equipment loan closet with aids for mobility. Serving Marshall and Stark Counties.

MSW Projects of Henry Illinois

1013 Western Ave.
Henry, IL 61537
(309) 364-2287
facebook.com/mswprojects

Public transportation, nutrition, home delivery, outreach services. Serving Marshall, Stark, Woodford Counties.

Township Relief

1438 N. Fourth St.
Chillicothe, IL 61523
(309) 274-8188

township-of-chillicothe-il-6.hub.biz
Senior transportation, emergency assistance, tax-relief assistance, highway commissioner, assessor.

Serving Chillicothe and Peoria County

Heartland Clinic
1701 W. Garden St.
Peoria, IL 61605
(309) 680-7600
hhsil.com

High Quality healthcare services to all. Serving Peoria County.



GOVERNMENT AGENCIES & ASSISTANCE

Applicants must apply for these programs with their local County Office.

Senior Citizens Assessment Freeze

Homestead Exemption
This exemption allows older adults who have a total household income of less than \$65,000 and meet certain other qualifications, to elect to maintain the equalized assessed value (EAV) of their homes at the base year EAV and prevent any increase in that value due to inflation. Qualified individuals must complete and file Form PTAX-340.

Senior Citizens Real Estate

Tax Deferral Program

This program allows persons 65 years of age and older, who have a total household income of less than \$55,000 and meet certain other qualifications, to defer all or part of the real estate taxes and special assessments on their principal residences. The deferral is similar to a loan against the property's market value. A lien is filed on the property in order to ensure repayment of the deferral. The state pays the property taxes and then recovers the money, plus 6 percent when the property is sold or transferred. For more information, contact your local County Treasurer's Office.

Disabled Persons' Homestead Exemption

This exemption provides a \$2,000 reduction in the equalized assessed value (EAV) of a qualifying property owned by a disabled person. A disabled person must file an annual application, Form PTAX-343, by the county's due date to receive the exemption. Obtain an application at the Township Assessor or the Chief County Assessment Office.

Disabled Veterans' Exemption

This exemption may be up to \$70,000 of the assessed value for certain types of housing owned and used by a disabled veteran or his or her unmarried surviving spouse. The Illinois Department of Veterans' Affairs determines the eligibility for this exemption, which must be re-established annually. For more information, contact the Township Assessor or the Chief County Assessment Office.





Townships

Residents of specific townships may qualify for assistance in the event of an emergency. In general funds assistance is given for:

- General Relief
- Rent Payment
- Utility Service Payments
- Water Service Payments

Each township has its own specific rules for eligibility. Contact the phone number corresponding to your township if you are in need to see if you qualify.

| | |
|-------------------------------|----------------|
| Canton Township | (309) 647-0124 |
| Chillicothe Township Office | (309) 274-8188 |
| Fon Du Lac Township Office | (309) 699-5621 |
| Groveland & Township | (309) 387-6812 |
| Limestone Township Office | (309) 697-3521 |
| Mackinaw Township Office | (309) 359-8952 |
| Metamora Township Office | (309) 367-4347 |
| Morton Township Office | (309) 266-6445 |
| Peoria Township Relief Office | (309) 674-8237 |
| Richwoods Township Office | (309) 688-2822 |
| Spring Bay Township | (800) 755-5000 |
| Timber Township | (309) 389-4125 |
| Tremont Township Office | (309) 472-6181 |
| Washington Township Office | (309) 444-2987 |
| West Peoria Township | (309) 674-0462 |
| Worth Township Office | (309) 383-4360 |

HOME CARE

These agencies provide professional home care staff to help with various activities of daily living in the home. Types of needs may include companionship, shopping/errands, personal care, medication reminders, meal preparation, light housekeeping, and transportation.

Some home care agencies may provide skilled nursing care up to 24 hours per day 7 days a week. Other skilled nursing functions may include wound care, IV infusions, medication management, physical therapy and occupational therapy.

Addus Home Health Care
7501 N. University St., Ste. 103-105, 107,
Peoria, IL 61614
(309) 691-6527
addus.com

Our care plans cover management of chronic illnesses, recovery from an injury, illness or surgery or simply the need for assistance maintaining independence in daily life.

- Community care program
- Medicaid and Managed Care
- Private Pay

Bird in the Hand
614 State Rte. 116
Metamora, IL 61548
(309) 467-5254
birdinthehandstaffing.com

A licensed Home Nursing and Home Services Agency as well as providing Health Care Staffing to Home Health Care Agencies, Nursing Homes, Clinics, Group Homes, Office Settings, Procedural Treatment Facilities, Hospitals, and many more. They are approved through DHS, licensed through the state with:

- Medicare
- Medicaid
- VA vouchers

Home Instead Senior Care
104 W. Jefferson St.
Morton IL, 61550
(309) 263-4600
Homeinstead.com

Dependable, warmhearted home care.

- Private Pay

OSF Home Health
2265 W. Altorfer Dr.
Peoria, IL 61615
(309) 683-7700
osfhealthcare.org/services/home-care

All clinical services and support services and can bill:

- Medicare
- Medicaid and Managed Care

Help At Home

Locations in Canton, Pekin, Peoria, and throughout the state of Illinois.
(800) 404-3191
helpathome.com

Our In-Home Care Enhances Quality of Life. Schedule a Consultation Today.

Accepts:

- Medicaid and Managed Care
- Private Pay

Before You Hire ...

Make sure you do your due diligence and ask questions like these before hiring a caregiver for your loved one!

- What process do you use for screening caregivers?
- What training do you provide to your caregivers?
- What specific services do you provide?
- Will my parent have the same caregiver every time?
- What happens if the caregiver doesn't show?
- Is there a certain length of time I have to contract for?
- What insurance plans do you accept?

Kyle's Home Care

1441 Valle Vista Blvd., Ste. E.

Peoria, IL 61614

(309) 347-8600

www.kylescare.com

Care at home providing care 24 hours a day.

- Private Pay

Apostolic Christian Skyline

7023 N.E. Skyline Dr.

Peoria, IL 61614

(309) 683-2500

acskylines.org

Continuing care retirement community. Licensed home health care agency providing PPOT and OT services and nursing. Accepts:

- Medicare
- Medicaid
- Private Pay

Home Health Plus Services

512 Court St.

Pekin, Illinois 61554

(309) 353-7300

homehealthplusservices.net

Home Health Plus Services, Inc. provides high quality, professional home health, personal care, and homemaker services to people in their own residence. Licensed home health care agency providing PPOT and OT services and skilled nursing.

- Medicare
- Medicaid

Western Illinois Home Health Care

#2 Industrial Park Rd.

Monmouth, IL 61462

(309) 649-6001

withhc.com

No matter what your needs are we can help you manage we can help you manage at home!

With over 35 years of experience.

- Medicare
- Medicaid
- VA Voucher
- Commercial Pay
- Self-pay

Care Solutions Home Services

618 Jackson St.

Morton, IL 61550

(309) 263-4787

caresolutionshomecare.com

Assessments, Skilled nursing, wound care, Home Health Aides, PT, OT, ST, Patient/Family Education, Blood draws, Personal Response Systems, IV and Respiratory therapies and more.

- VA
- Long-term solutions
- Insurance policies only

Comfort Keepers

3829 N. Sheridan Rd.

Peoria, IL 61614

(309) 685-7777

comfortkeepers.com

Locally owned since 2001, In Home Caregivers, In Home Nursing Companionship, Shopping/Errands, Personal Care, Medication Reminders, Meal Prep, Light Housekeeping, Up to 24 hr care/ 7 days a week. Exclusive GrandPad service.

- Private Pay

Helping Hands Home Healthcare

and Staffing Agency, LLC

111 W. Washington St., Ste. 310

East Peoria, IL 61611

(309) 699-4715

helpinghandshomehealthcare.org

Skilled Services: Nursing and therapies, Private services including CNAs and nurses for errands, shopping, personal care and more.

Private services from 1-24 hours: per day, 7 days a week, Staffing CNAs, LPNs, RNs, PTs, OTs for facilities such as nursing homes, hospitals and assisted living facilities.

- Home health (Medicare, Medicaid)
- Private duty home care, which is self-pay

Maxim Health Care Services

4450 N. Prospect Rd., Ste. S8

Peoria Heights, IL 61616

(309) 566-0800

maximhealthcare.com

Skilled nursing, Companion care (CNA) Unskilled care (CNA), Skilled visits, Infusions, Up to 24 hr care/ 7 days a week.

- Medicaid
- Insurance plan
- VA

Spoon River Home Health

48 N. East St.

Farmington, IL 61531

(309) 245-0723

spoonriverhomehealth.com

13 county coverage in a 60 mile radius around Farmington, 4 - 24 hr day, 7 days a wk, Skilled nursing, Respite, Wound Care, Housekeeping, Errands, Transport to appts, Home Service Workers and CNA's, Companionship, Daily Living Assistance, Assessments, IV Infusions, Med Mgmt. PT, OT, Person centered care.

- VA
- Long-term policies
- Self-pay
- Medicare/Medicaid

Staff of Life Agency

3927 N. University St.

Peoria, IL 61614

(309) 688-9505

staffoflifenuroing.com

Non-Medical assistance such as transport to dr. appts., errands and shopping, light housekeeping, laundry, On-call supervisors available 24/7, Care from 2 to 24 hrs. Year round, Skilled services such as CNA, LPN and RN services, Med setup, IV and vent care and more.

- Self-pay

Right at Home

4325 N. Sheridan Rd., Ste. 9

Peoria, IL 61614

(309) 327-0808

rightathome.net/peoria

In Home Care & Assistance

From the moment you call, we will work to understand your family's needs and listen to your concerns. We will create a custom care plan specifically for your loved one based on a thorough needs assessment.

- VA
- Private insurance
- Self-pay

Synergy Homecare

7324 N. University St.
Peoria, IL 61614
(309) 222-8656
synergyhomecare.com

Non-medical in-home assistance with a variety of options for your caregiving needs. These include: 24-hour home care, Flexible hourly care, Care management, Recovery assistance (illness, surgical, orthopedic, cosmetic) Assistance with activities of daily living like dressing, bathing and toileting. Respite for family caregivers, transportation to appointments and more. Stay at home with

- Private pay
- VA



Mature Solutions

6005 S. Adams St.
Peoria, IL 61607
(309) 633-0927
ciaoa.net

Serves all of Peoria county, excluding the City of Peoria. (ACM serves the City of Peoria). Participates in the Community Care Program.

Aging Care Management

Sandra Louise Kistner, MSW, LSW, CASWCM
2601 W. Lake Ave. A6, Ste. 151
Peoria, IL 61615
(309) 231-0318
Advocacy, assessment, care management.

- Private Pay

Life Matters Care Consultants

P.O. Box 10783
Peoria, IL 61612
(309) 397-8410
lifematterscareconsultants.com

Private, Disease Education and Advocacy Assistance care for families and care coordination for families.

- Private pay

HOSPICES

Hospices provide care for patients with life-limiting illnesses and offer respite in a nursing facility. Services may include care in the home. Professional staff provide patients with effective pain and symptom management. Staff and volunteers offer emotional support to the patients and their families. Bereavement groups and grief seminars may also be available.

Unity Point Methodist Hospice Care

221 N.E. Glen Oak Ave.
Peoria, IL 61636
(309) 672-5746
unitypoint.org/peoria/services-hospice.aspx

Provides physical, emotional, social, and spiritual comfort care for people with a terminal illness and their loved ones.

- Medicare/Medicaid



OSF Richard L. Owens Hospice Home

8630 N. IL Rt. 91
Peoria, IL 61615
(309) 683-8444
osfhealthcare.org/services/home-care/hospice-home

Only one of 4 facilities in IL it is designed to allow terminally ill patients 24 hr comfort in a peaceful, serene, setting. First hospice home in Central IL and is open 24 hours a day to meet patient and family needs.

- Self-pay
- Medicare/Medicaid
- Home-hospice care

In-Home Care Case Management Services

The following agencies assist older adults and their families in coordinating care in their home. Care coordinators assess needs, recommend needed services such as home care, home-delivered meals, transportation, long-term care planning, and advocacy. They help with navigating health care systems and agencies that administer the Community Care Program through the Illinois Department on Aging. The Community Care Program offers eligible adults, age 60 and over, with case management services at no cost.

ACM

111 W. Washington St., Ste. 330
East Peoria, IL 61611
(309) 453-2736
acmcare.org

Serves the City of Peoria, Marshall, Stark, Tazewell, and Woodford counties.
Participates in the Community Care Program.

Community Care Systems, Inc. (CCSI)

360 N. Main St.
Canton, IL 61520
(309) 647-2222
ccsicares.com

Serves Fulton County.
Participates in the Community Care Program.

OSF Home Hospice Healthcare Systems

800 N.E. Glen Oak Ave.
Peoria, IL 61603
(800) 673-5288
osfhealthcare.org

The OSF Hospice Home allows terminally ill patients to receive 24-hour comfort care in a peaceful, serene setting. It is the first hospice home in central Illinois and only the fourth such facility in the state of Illinois.

- Medicare/Medicaid

Compassus

2000 W. Pioneer Pkwy., Ste. 200
Peoria, IL 61615
(309) 691-0280
compassus.com

Services including hospice care, home health and palliative care, our personalized plans put your goals and values first.

- Medicare Part A
- VA benefits
- Medicaid
- Most private policies are covered

Transitions Hospice

8914 Prairie Pointe Dr.
Peoria, IL 61614
(877) 726-6494
transitions hospice.com

We don't focus on the finality of death; we focus on the practical side of living. Our job is to assist our patients and their families through the physical, emotional, and spiritual challenges of life's final transition. Hospice is covered by:

- Medicare/Medicaid
- Most private insurance benefits

Harbor Light Hospice

3000 N. Main St.
East Peoria, IL 61614
(309) 698-3060
harborlighthospice.com

Promotes dignity and emphasizes quality of life for those who choose to die in a familiar setting, surrounded by those they love. Hospice services can be provided at home, at a skilled nursing facility, or at an assisted living center. The Medicare Hospice Benefit, as well as most private insurers, will pay for a patient's hospice treatment. If the patient does not have adequate coverage through Medicaid, Medicare, or any type of private insurance, hospice providers will work directly with each individual and their loved ones to make sure the necessary care is provided.

Vitas Hospice

5019 N. Executive Dr.
Peoria, IL 61614
(309) 691-2381
vitas.com/il/peoria-lasalle-hospice

We help patients stay home and in Peoria, LaSalle and the Greater Illinois Valley area whenever possible—whether home is a private residence, an assisted living or long term care facility, or even a hospital room.

- Medicare/Medicaid
- Most private insurance companies

Comfort Plus Hospice

612 W. Jackson St.
Morton, IL 60053
(309) 620-9821
comfortplushospice.com

Assistance with obtaining such items as a do not resuscitate order, a living will, a healthcare power of attorney, or advanced directives. We can also provide referrals to family counseling, bereavement counseling, and other community resources. Hospice is a fully covered Medicare/Medicaid benefit, unlimited in length, and is also covered by many private insurance companies. Most plans cover hospice care, medications, supplies and equipment related to the hospice diagnosis with no out-of-pocket expenses to the patient.

HOUSING

Housing includes facilities that offer the various levels of care ranging from independent, assisted living, supportive living, skilled nursing, and continuing care communities. Some of them have designated Dementia Care units or Memory Care units. Also included are housing for Adults with Disabilities Age 64 and under. Life Transition consultants provide long-term care planning and housing coordination.

Life Transition Consultants

Offers assistance with planning your move and in making the move.

Living By Your Design

809 W. Detweiler Dr.
Peoria, IL 61615
(309) 285-8088
livingbyyourdesigninc.com

Senior Advocacy, Social Security, VA Aid and Attendance, Assisted Living Referral, Planning for Aging, Hospital Discharge to facility information, Long Term Care Insurance.

Safe Haven Hospice

1999 Wabash Ave., Ste. 202
Springfield, IL 62704
(855) 879-4096 or (217) 732-5184
http://www.safe-havenhospice.org

Safe Haven delivers end-of-life services in the home—whether in a private residence, assisted living, nursing facility or hospital—to help patients live as fully, comfortably and meaningfully as possible. We are a Christian ministry that treats the whole person—body, mind and spirit. Our philosophy of care promotes dignity, provides dedication and focuses on the needs of the patient and the family. Contact us for a free consultation. The staff at Safe Haven Hospice is available 24 hours a day, 7 days a week.

Silver Evolutions LLC

(309) 333-2167

silverrevolutions.com

Silver Evolutions specializes in managing moves for seniors as they shift from aging in place to different housing options. We bring organization, attention to detail, problem resolution, and stress reduction to this process. Our goal is to manage the move yet allow our clients to remain in control of their lives and their dignity.

Shannon Fonner, Keller Williams Realty
(309) 678-2060
shannonfonner.yourkwagent.com

Realtor located in Central Illinois that specializes in helping seniors sell or purchase new homes based on their specific needs. She assists clients with streamlining their move, focusing on what they need or do not need to take, and working with other organizations to help make the transition as smooth as possible for her clients.

Memory Care

Offers skilled care and secure units for people with Dementia and have specialized training, 24/7 coverage.

Grand View Alzheimer's

Special Care Center

6210 N. University St.
Peoria, IL 61614
(309) 323-8886

www.jeaseniorliving.com/senior-living/il/peoria/grand-view-alzheimers-special-care-center/

One of the newest and most comprehensive upscale assisted living care facilities in the region.

- Self-pay
- Long-term care insurance

Heartis Village

8201 N. IL Rte. 91
Peoria, IL 61615
(309) 402-0011
heartis.com

Heartis Peoria provides a vibrant atmosphere with endless opportunities to continue pursuing your passions, no matter what they are. So, make yourself at home and open the door to new experiences ahead.

- Private pay
- Long-term care insurance

Serenity Memory Care

4000 N. Main St.
East Peoria, IL 61611
(309) 226-4114

randallresidence.com/senior-living/il/east-peoria/serenity

Provides quality care with respect and friendship. We recognize that each resident desires independence while receiving just the care they need. Our team is selected for their ability to listen compassionately and to cheerfully care for daily worries like housekeeping, meal preparation, and maintenance as well as bigger concerns like health care, wellness, and happiness.

- Private pay only
- VA
- Long-term care insurance

Generations at Peoria
5600 Glen Elm Drive
Peoria, IL 61614
(309) 693-8777
generationspeoria.com

Generations at Peoria started providing nursing home service since Jan 1st, 1967 and was recognized by Centers for Medicare & Medicaid Services (CMS) as one of modern providers which are carefully measured and assessed to have high-quality nursing home services for promoting health and improving the quality of life.

- Medicare
- Medicaid
- Medicaid pending and offers Memory Care

Morningside of Washington

100 Grand Victorian Pl.
Washington, IL 61571
(309) 444-7400

morningsideofwashington.com

At Morningside of Washington, we know what senior living all is about. Once you meet our residents and see the joy and happiness in their friendly faces, you will feel at home too. With a highly trained staff, on-call nurse, regular doctor visits, in-house therapy, and a long list of optional medical and personal services, our independent and assisted living community is more than capable of meeting the needs of our residents and customizing a personal plan.

- Private Pay



Reflections of Hollybrook

1285 Independence Ct.
Washington, IL 61571
(309) 508-7100
villasofhollybrook.com

We are a faith-based, family owned and operated company that strives to be the top choice senior living community in the areas we serve. Let us help you explore your living options in our award-winning communities.

- Private-pay

TimberCreek Rehab

2220 State St.

Pekin, IL 61554

(309) 347-1110

petersenhealthcare.net/timbercreek

The staff of Timbercreek Rehab & Health Care strive for excellence in fulfilling each of the resident needs and helping them to meet their goals and attain their highest level of independence. Our main objective is to provide excellent nursing care in a friendly, homelike environment.

- Medicare
- Medicaid
- Insurance
- Private

Country Comfort Retirement Homes

829 N. Hurrff

Elmwood, IL 61529

(Also in Henry and Princeton)

countrycomfortretirement.com

(309) 742-2274

A great safe environment for your loved ones with a family feeling and a home type setting. Recommend for assisted living, dementia units, and senior day care.

- Self-pay

Assisted Living

Apartments with 24/7 assistance available, activities, transportation, meals included and some medical services included. Private pay, long-term care insurance, VA assistance.

Brandon Wood Retirement Center

730 W. Jefferson St.

Morton, IL 61550

(309) 263-7341

brandonwoodretirementcommunity.com

Brandon Wood Retirement Center is a senior living provider in Morton, Illinois that offers residents Independent Living. With affordable apartment homes, delicious dining choices, services and amenities you'll enjoy your new home at Brandon Wood Retirement Center.

- Private-pay

Courtyard Estates of Bushnell

1201 Cole St.

Bushnell, IL, 61422

(309) 772-8000

courtyardestates.net/bushnell

Bushnell Courtyards is wonderful! The staff is caring and friendly. Facility is spotless! The facility and staff are a true blessing for residents and their families.

- Private pay

Bickford Assisted Living

1920 W. Willow Knolls Dr.

Peoria, IL 61614

For Pricing & Availability: (309) 929-4786

For Friends & Family: (309) 689-5400

enrichinghappiness.com/branch/bickford-of-peoria

Life is fragile and the effects of aging can rock us to our core. However, aging can also awaken us to the beauty of life and our need to express love now. With the urgency of this love, our family of caregivers is ready to do whatever it take to make our residents happy. --Eby Family, founders of Bickford Senior Living.

Riverview Estates - Havana

200 N. Schrader St.

Havana, IL 62644

(309) 543-4158

courtyardestates.net/riverview-estates

Welcome to Riverview Estates, where maximum independence and privacy are respected and maintained, yet assistance is available whenever it's needed. By offering a new set of options, we build a vital bridge of independence between living alone and nursing home care. Residents enjoy a sense of calm and fulfillment while knowing they have access to the highest quality nursing care 24 hours a day.

- Private-pay

Red Oak Estates

435 N. 16th Ave.

Canton, IL 61520

(309) 647-2475

redoakestates.net

Red Oak Estates is an assisted living facility in Canton, IL. Red Oak Estates offers activities at their location for residents. These activities generally allow residents to maintain healthy lifestyles by encouraging movement and socializing with their peers.

- Medicaid/Medicare for prescriptions only
- Self-pay

Morningside of Pekin

2700 S. 14th St.

Pekin, IL 61554

(309) 346-1310

fivestarseniorliving.com/communities/il/pekin/morningside-of-pekin

With this assisted living facility, settle into the sweet serenity of our Pekin Community. You'll find all the comforts of home combined with the security and peace-of-mind you deserve.

- Self-pay

The Villas of Hollybrook

1285 Independence Ct.

Washington, IL 61571

(309) 508-7100

villasofhollybrook.com

If your loved one has Alzheimer's or other related dementia, our Reflections is an option with changing needs. The care they receive provides state-of-the-art living arrangements monitoring your loved one daily according to the quality of life and engagement they deserve with frequent activities and social programming.

- Self-pay

Evergreen Senior Living

404 Stillwater Dr.

Chillicothe, IL 61523

(309) 274-5440

evergreenslc.com/chillicothe

Evergreen Senior Living supportive and assisted living communities offer compassionate services to support joyful and convenient living. From daily meals and social activities to laundry and housekeeping services, our caring, trained teams are available to make life easier for seniors and their families.

Kountryview Estate

533 Brad Ct.

Hanna City, IL 61536

(309) 565-1061

kvretirementhome.com

Kountry View has been helping families find a comfortable and affordable home for their loved ones in Peoria, IL and the surrounding communities for over 14 years. We are proud of the care and comfort that we have provided for our residents and their families. You will find safety, security, friendship, and a helping hand here at Kountry View.

- Self-pay

Skilled Nursing

24/7 skilled nursing available, VA assistance, Medicare/Medicaid, private pay, offer physical therapy and occupational therapy, transportation, meals, and activities.

Renaissance Care Center

1675 E. Ash St.
Canton, IL 61520
(309) 647-5631
renaissancecarerehab.com

Renaissance Care Center in Canton, IL is a beautiful skilled nursing facility serving clients both locally and from all of Fulton County and Illinois. Our facility boasts three distinct programs all providing excellent quality care and service.

- Medicaid/Medicare
- Self-pay

Farmington Country Manor Nursing and Rehabilitation Center

701 S. Main St.
Farmington, IL 61531
(309) 245-2407
farmingtoncountrymanor.com

Rehabilitation is one of the finest skilled nursing and rehabilitation homes in Fulton County. We provide a wide range of services in a friendly and compassionate environment.

- Self-pay
- VA
- Medicaid/Medicare

The Clayberg Nursing Center

625 E. Monroe St.
Cuba, IL 61427
(309) 785-5012
clayberg.org

The Clayberg is committed to providing services, information, education and recreation for our residents. Our skilled, trained and professional staff recognizes the wisdom and experience of our residents and demonstrates an awareness and respect for the aging process.

- Private insurance
- Medicaid
- Private Pay
- Medicare

Heritage Health

1028 Hillcrest Dr.
Chillicothe, IL 61523
(309) 274-2194
heritageofcare.com

Heritage Health-Chillicothe is a medium-sized nursing home facility in Chillicothe, Illinois (Peoria County). What started as one senior nursing home in Central Illinois, is now a network of communities that offer a unique combination of compassionate nursing care and complex clinical services. These skilled nursing services enable seniors to recover in a positive healing environment.

- Medicaid
- Private Pay

Generations at Riverview

500 Centennial Dr.
East Peoria, IL, 61611
(309) 694-9865
generationsriverview.com

Providing residents with stimulating activities is an important part of the care given by Generations at Riverview. Our activities programs are designed for all levels of participatory ability. From lively discussions, card games, trivia and current events, to outings and performances in-house, our activity programs are designed to appeal to each resident's physical, mental and emotional.

- Medicare/Medicaid

Rosewood Care Center

900 Centennial Dr.
East Peoria, IL, 61611
(309) 699-5400
rosewoodcarecenters.com

When you choose our East Peoria Rosewood Care Center, you choose a local nursing center that cares. From the first moment you step inside one of our facilities, you will understand what separates Rosewood apart from other nursing facilities. Our East Peoria Care Center is structured to meet the lifestyle and healthcare needs of its residents.

- Medicare/Medicaid

Proctor Community Hospital

Skilled Nursing Center
5409 N. Knoxville Ave.
Peoria, IL 61614
(309) 691-1000
UnityPoint.org/peoria/transitional-care-center

Hospital patients that will require in-patient rehabilitative care before returning to their homes have a new and unique option: UnityPoint Health – Proctor Transitional Care Center.

Opened in spring 2017, our Transitional Care Center offers many benefits for patients – and their families – whether they will be with us for several days or a few weeks.

Whether you are 88 or 38, whether you are recovering from surgery or from a serious illness, if you need rehabilitative care before returning home, we invite you to visit our Transitional Care Center.

- Medicare/Medicaid

Heartland Healthcare Center - Henry

1650 Indiantown Rd.
Henry, IL 61537
(309) 364-3905

Heartland Healthcare Center - Henry provides individualized post-hospital skilled nursing care in a comfortable environment. Our clinical and therapy teams are experienced in providing specialized care focused on your needs, interests and ability. This commitment results in a smoother and safer transition throughout your recuperation.

- Medicare/Medicaid



Fon-Du-Lac Rehabilitation and Health Care

901 Illini Dr.
East Peoria, IL 61611
(309) 694-6446

petersenhealthcare.net/fondulac
The staff of Fondulac Rehabilitation & Health Care Center strives for excellence in obtaining each resident's individual needs and goals to attain their highest level of independence. Our main objective is to provide excellent nursing care. We have a very dedicated, caring and professional staff to meet your needs.

- Medicaid/Medicare

Apostolic Christian Restmor

1500 Parkside Ave.
Morton, IL 61550
(309) 284-1400
acrestmor.org

Apostolic Christian Restmor, Inc., in Morton, IL, is the area's leading nursing home serving Mackinaw, Morton, Pekin, and all surrounding areas since 1961. We specialize in rehabilitation, memory support, skilled nursing, nursing care and more.

Cornerstone Rehabilitation & Health Care

5533 N. Galena Rd.
Peoria Heights, IL 61616
(309) 682-5428
petersenhealthcare.net

The staff of Cornerstone Rehabilitation & Health Care Center strive for excellence in fulfilling each resident's needs and helping them to meet their goals in an effort to help them attain their highest level of independence. Our main objective is to provide excellent nursing.

Aperion Care (Morton Terrace)

191 E. Queenwood Rd.
Morton, IL 61616
(309) 266-5331

aperioncare.com/locations/morton-villa
Aperion Caregivers provide a level of personal caring that goes well beyond providing post-hospital rehabilitation and long-term skilled nursing care. We get to know you on a personal level: understanding your motivations, connecting with your family, and taking on your goals as our own.

- Medicare/Medicaid

Sharon Willow North

3520 N. Rochelle Ln.
Peoria, IL 61604
(309) 688-0451
shcwillows.org

Sharon Healthcare Willows offers clinical, rehabilitative and behavioral care. We provide our guests with the care they need to heal and recover and transition their way back to independent living. Learn More. Each of the locations indicated herein is independently owned and operated.

- Medicare/Medicaid

Hallmark House Nursing Center

2501 Allentown Rd.
Pekin, IL 61554
(309) 347-3121
hallmarknursingcenter.com

Hallmark House Nursing Center is a medium-sized nursing home facility in Pekin, Illinois (Tazewell County). We are a family oriented facility that strives to provide the best care for our residents and embrace them into our family to become their home away from home.

- Medicare/Medicaid

The Loft Rehabilitation & Nursing

700 N. Main St.
Eureka, IL 61530
(309) 467-2337
theloftrehab.com

Loft Rehabilitation & Nursing started providing nursing home service since Oct 14th, 1981, and was recognized by Centers for Medicare & Medicaid Services (CMS) as one of modern providers which are carefully measured and assessed to have high-quality nursing home services for promoting health and improving the quality of life.

- Medicare/Medicaid

Pekin Manor

1520 El Camino Dr.
Pekin, IL 61554
(309) 353-1600

<https://libertyvillageofpekin.com/manor.htm>
Offers: The Villas single family and duplex homes, Pekin Estates retirement apartments, Peking Manor skilled nursing, Garden Court Alzheimer's and dementia care, our Bounce Back Rehabilitation program and AJ's Fitness Center.

- Medicare/Medicaid

Hawthorne Inn Garden Court

6906 N. Stalworth Dr.
Peoria, IL 61614
(309) 683-3560
simplythefinest.net

The Hawthorne Inn features individual heating and cooling units, suites and landscaped grounds. The center also serves various personal needs of patients, such as bathing, showering and dressing. It additionally offers ambulation, medication, transportation, and dementia and incontinence care solutions.

- Medicare/Medicaid

Adults with disabilities 64 and under

Assisted lifestyle communities helping adults with disabilities under the age of 64. Medicaid accepted.

Gateway at River City

518 W. Romeo B. Garrett Ave.
Peoria, IL 61605
(309) 673-3115
gatewayatrivercity.com

At Gateway, residents of most income levels in ages 22-64—including those that utilize financial support—enjoy a lifestyle of quality and personalized service. In addition to rent, residents pay a simple monthly fee for services. The Gateway community offers 24-hour staff care, three meals per day to social programs that promote wellness and interaction. Everything you need to live life to the fullest is in one place.

Residents feel right at home as the Gateway community has been mindfully designed to feel warm and welcoming. All our apartments and public spaces include barrier-free design details to enhance independence.

Sharon Health Care Pines

3614 N. Rochelle Ln.
Peoria, IL 61604
(309) 688-0350
shcpines.org

Sharon Health Care Pines is a 5-star rated, 116 bed residential community for adults age 19 to 55. Located in Peoria, Illinois as part of the Sharon Healthcare Complex known for its excellence in care, Pines is easily accessible to area events, shopping and local resources for community reintegration.

Continuing Care

These long term facilities offer all levels of care including independent, assisted living and skilled care nursing. Payment is Private pay, long term care insurance and/or VA.

Snyder Village

1200 E. Partridge St.
Metamora, IL 61548
(309) 367-4300
snydervillage.com

Retirement Community & Assisted Living for Peoria, Metamora, & Central IL. Snyder Village is committed to providing for the physical, emotional, and spiritual needs of others in a loving, dignified, and Christian atmosphere. Snyder Village Assisted Living offers a memory care program for individuals with early to mid-stage Alzheimer's or dementia. As one of the most trusted and professional Assisted Living facilities for memory care in the Peoria area, Snyder Village offers a beautiful community setting with the specialized level of care aging adults need when faced with Alzheimer's or dementia.

Lutheran Hillside Village

6901 N. Galena Rd.
Peoria, IL 61614
(309) 692-4600

lssliving.org/communities/lutheran-hillside-village-peoria

A proud member of the Lutheran Senior Services family, Lutheran Hillside Village is supported by the rich history and enduring security of one of the nation's most financially sound senior living providers.

As a Life Plan Community (also known as a continuing care retirement community or CCRC), Lutheran Hillside Village offers you priority access to health care if your needs ever change. Free from housekeeping and home maintenance, you'll have more time to enjoy the things you love the most.

Hopedale Commons

221 S.W. Railroad St.
Hopedale, IL 61747
(309) 449-6790
hopedaleseniorliving.com

State of the art medical care with ER and hospital across the street. With access to an acute care hospital, 24-hour ER, physicians' Center, and a 34,000 square foot Wellness Center, Hopedale Commons and Hopedale Nursing Home are truly the best choice and value in senior living options in Central Illinois.

Liberty Village

6906 N. Stalworth Dr.
Peoria, IL 61615
(309) 693-1400
libertyvillageofpeoria.com

The Villas: Single Family and Duplex Homes. Enjoy home ownership without the worries! The Villas are elegant, affordable homes for purchase in an age restricted community. Estate Retirement Apartments at Liberty Estates is an all-inclusive retirement complex with spacious apartments. At the Estates we offer our tenants freedom, comfort, convenience, and affordability.



Independent Living

These are apartment complexes they accommodate adults over 60 and are accessible apartments. HUD or income based housing.

Spoon River Towers

401 N. Illinois St.
Lewistown, IL 61542
(309) 547-7274
unitedchurchhomes.org/affordable-housing/illinois/spoon-river-towers

Spoon River Tower apartments is an affordable rental housing community located in Lewistown, IL. Spoon River Tower apartments is a senior affordable housing community with 1 Bed(s) apartments units. Income restrictions may apply, please contact Spoon River Tower apartments for rates, availability and more information or compare to other apartments in Lewistown.

Golden Acres Retirement Home

430 N. Ave. F
Canton, IL 61520
(309) 647-0187
goldenacresretirementhome.com

Golden Acres Retirement Home, in Canton, IL, is the premier retirement home serving Fulton, Mason and Peoria counties and surrounding areas since 1984. We specialize in adult day care services, activities, housekeeping, laundry and maintenance, daily.

St. Augustine Manor

1301 N.E. Glendale Ave.
Peoria, IL 61603
(309) 674-7069
staugustinemanor.net

Family living in a home away from home where friends greet one another and delicious meals are prepared and served by Barrack's Cater Inn staff in a lovely dining atmosphere. Studio, and one bedroom apartments with private bathrooms. Most have kitchenettes.

Heartland Apartments

607 N. Hightower St.
Peoria, IL 61605
(309) 637-0066
rhf.org/location/the-heartland

The Heartland is a HUD subsidized retirement community located in the heart of Peoria, Illinois. This three-story community consists of 150 apartments for older adults over the age of 62 (we do have a limited number of age waivers for those who are between the ages of 52-61) and mobility impaired individuals over the age of 18.

The community is located two blocks from the Peoria Civic Center and adjacent to Senior World. We are minutes from all area hospitals, downtown Peoria, shopping malls, O'Brien (Baseball) Field, and convenient to public transportation.

Our residents enjoy frequent parties, potluck suppers, bingo, and other social activities which are held in the community room. Our community actively participates in RHF's Project H.A.N.D.S.

A Social Service Coordinator is available for residents' personal needs.



Supportive Living

Supportive living is an alternative level of quality housing appropriate for many seniors who choose not to live alone. These apartments offer access to 24/7 nursing care, meals, activities, housekeeping, transportation, and more. Accepts Medicaid.

Grand Regency of Peoria

117 N. Western Ave.
Peoria, IL 61604
(309) 674-2400

courtyardestates.net/peoria

Formerly known as Courtyard Estates, the Grand Regency of Peoria is a senior living community that bridges the gap between independent living and nursing home care. We will create a service plan for each resident upon admission. The service plan is updated regularly to assure that the resident receives the appropriate care according to his or her needs and preferences.

It is our goal for all area seniors to take advantage of the full range of services available. If continuing care needs evolve to include a higher level of nursing services and relocation is imminent, our trained professionals will be there to assist with the transition.

John Evans Supportive Living

1320 Executive Ct.
Pekin, IL 61554
(309) 477-8800

gardant.com/johnevans

John Evans Supportive Living provides seniors with a wonderful residential alternative to a nursing home or to those struggling alone, especially those who cannot afford private pay assisted living. The community, which is designed to serve adults 65 and older of all incomes who need some help to maintain their independence, is located south of Peoria and southwest of Morton.

Courtyard Estates Of Canton

160 E. Walnut St.

Canton IL, 61520

(309) 647-6400

courtyardestates.net/canton

Welcome to Courtyard Estates of Canton, the area's premiere supportive living community. At the Courtyard Estates, our goal is to provide professional, compassionate services for older adults while promoting independence, which allows our tenants to maintain or improve their current lifestyle.

Courtyard Estates offers unique lifestyle choices, allowing each tenant to maintain privacy, autonomy and security. Our certified staff is professionally trained and educated in providing the highest quality of care and services, which promote a safe, loving and healthy environment. Our healthcare provisions allow for a wide range of services within a competitively priced all-inclusive monthly rate. We are committed to providing a lifestyle of quality and value defined by you.

Courtyard Estates of Farmington

1000 E. Fort St.

Farmington, IL 61531

(309) 245-2550

courtyardestates.net/farmington

Our goal is to provide professional, compassionate services for older adults while promoting independence, which allows our tenants to maintain or improve their current lifestyle. Memory Care: Small-scale, homelike settings are the most beneficial to those with Alzheimer's disease because they foster a social, senior living community environment. And residents are more relaxed and engaged in familiar and comfortable surroundings that remind them of home. In Betty's Garden, we provide the perfect setting for those affected by dementia.



St. Francis Woods

3507 N. Molleck Dr.

Peoria, IL 61604

(309) 699-0093

saintfranciswoods.com

Located on a scenic, forested, seven-acre campus in Peoria, Illinois, St. Francis Woods is a state-certified Supportive Living Facility providing high-quality senior living care as an alternative to nursing homes.

Upon entering through our doors, you will immediately feel a sense of home. From our homelike decor to the smiling faces that are there to greet you, you can't help but feel the love and compassion that is surrounding you. As a resident of Saint Francis Woods, the level of care that you will get to experience, embraces compassion and dignity. From the scenic landscaping, the woods, and wildlife, to the convenient location situated near many shopping and dining options, Saint Francis Woods offers the full package of care for your body, soul, and mind. Our exceptional care/support and financial assistance makes us your number one choice.

Washington Senior Living

1201 Newcastle Rd.

Washington, IL 61571

(309) 444-3161

washingtonseniorliving.com

Washington Senior Living isn't a business; it's a family. In addition to our long-term skilled nursing home, we offer Short-Term Rehab, and hospice care. All available on-site for residents should they ever have the need. Located in a quiet community, Washington Senior Living provides exceptional senior care within a compassionate and loving environment. We offer peace of mind to residents and their families during a difficult transition in life. Our highly trained staff delivers exceptional care and treats each resident with respect and dignity.

INFORMATION & ASSISTANCE

Information and assistance includes agencies that provide current information on resources and services with a focus on the unique situation of family caregivers and grandparents raising grandchildren. They provide assistance to identify the needs of caregivers, and link the caregiver to resources and services available within their communities.

Local Organizations

Alzheimer's Association - Peoria Office

614 W. Glen Ave.
Peoria, IL 61614
(309) 681-1100
alz.org/illinois

The Alzheimer's Association - Central Illinois Chapter, serves the needs of those affected by Alzheimer's and related dementias; advocates for policy change and research funding; and works in conjunction with its National offices in Chicago and Washington, D.C. to advance research toward prevention, treatment and a cure.

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net

We connect you by providing information about services and benefits available in our six-county area of Fulton, Marshall, Peoria, Stark, Tazewell, and Woodford.

Heart of Illinois 2-1-1

1718 N. Sterling Ave.
Peoria, IL 61604
211 or (309) 999-4029
211hoi.org

A comprehensive information and referral line to connect callers to critical health and human care programs.

National Organizations

AARP

601 E. Street, N.W.
Washington, D.C. 20049
(888) 687-2277

aarp.org/aarp/caregiving

Helping you to navigate your role as a family caregiver.

Alzheimer's Association - National Office

225 N. Michigan Ave., Floor 17
Chicago, IL 60601
(800) 272-3900
alz.org

Information and support for people with Alzheimer's disease and their caregivers. Operates a 24/7 helpline and offers care navigator tools.

Caregiver Action Network

1150 Connecticut Ave, N.W., Ste. 501
Washington, D.C. 20036-3904
(855) 227-3640
caregiveraction.org

Formerly known as the National Family Caregivers Association, it provides information and education for family caregivers, including a volunteer support network in over 40 states.

Community Resource Finder

Online only

communityresourcefinder.org

Alzheimer's Association AARP Community Resource Finder is a database of dementia and aging-related resources powered by Carelike®.

The online tool makes it easy for people living with Alzheimer's and other dementias, family caregivers and those involved in making care-related decisions to find local programs and services.

Eldercare Locator

(800) 677-1116
eldercare.acl.gov

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

Family Caregiver Alliance

101 Montgomery St., Ste. 2150
San Francisco, CA 94104
(800) 445-8106
caregiver.org

The services, education programs, and resources from FCA are designed with caregivers' needs in mind and offer support, tailored information, and tools to manage the complex demands of caregiving, including the Family Care Navigator.

Hospice Foundation of America

1707 L St. N.W., Ste. 220
Washington, D.C. 20036
(800) 854-3402
hospicefoundation.org

Provides information on issues related to hospice and end-of-life care. Improving knowledge, access, and care for 38 years.

Medicare

Medicare Contact Center Operations
P.O. Box 1270
Lawrence, KS 66044
(800) 633-4227
medicare.gov

Provides information about the parts of Medicare, what's new and how to find Medicare plans, facilities or providers.

National Alliance for Caregiving

1730 Rhode Island Ave. N.W., Ste. #812
Washington, D.C. 20036
(202) 918-1013
caregiving.org

A non-profit coalition dedicated to improving quality of life for friend and family caregivers and those in their care, by advancing research, advocacy, and innovation.

National Clearinghouse for Long-Term Care Information

Administration for Community Living
330 C St., S.W.
Washington, D.C. 20201
(202) 401-4634
longtermcare.gov

Information and tools to plan for future long-term care needs.

National Council on Aging

Benefits Check Up
251 18th St., South, Ste. 500
Arlington, VA 22202
(571) 527-3900
benefitscheckup.org

There are over 2,500 benefit programs available nationwide. Find out what benefits may be available in your area.

**National Institute on Aging
Education and Referral Center**
Building 31, Rm. 5C27
31 Center Dr., MSC 2292
Bethesda, MD 20892
(800) 438-4380
nia.nih.gov

Health information on aging, and Alzheimer's disease, and related dementias.

Social Security Administration
815 W. Pioneer Pkwy.
Peoria, IL 61615
(877) 319-6039
ssa.gov

Information on retirement and disability benefits, including how to apply for benefits, check the status of your claim or appeal, request a replacement Social Security card, get an instant benefit verification letter, and much more.

Well Spouse Association
63 W. Main St., Ste. H
Freehold, NJ 07728
(732) 577-8899
wellspouse.org

A nonprofit membership organization that advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. Provides support for spousal caregiver. We offer peer to peer support and educate health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.



LEGAL ASSISTANCE

This category lists agencies that provide free legal services for persons with low income and/or those age 60 and over who have serious civil legal problems and need legal help to solve them. Some specialize in protecting the rights and promoting the welfare of persons with disabilities.

Legal services are provided in the form of legal advice and representation, advocacy, education, outreach, investigating complaints of rights violations and providing state guardianship for Illinois' population with disabilities.

**Illinois Guardianship and Advocacy
Commission - Peoria Regional Office**
401 Main St., Ste. 620
Peoria, IL 61602
(309) 671-3030
illinois.gov/sites/gac

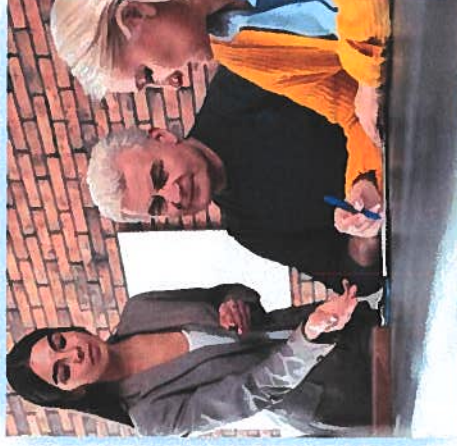
Provides legal representation, investigates complaints of rights violations, and provides state guardianship for Illinois' population with disabilities.

Peoria County Bar Association
110 S.W. Jefferson Ave., Ste. 520
Peoria, IL 61602
(309) 674-6049
Statewide referral (for attorneys outside of Peoria & Tazewell counties)
(800) 922-8757 or (217) 525-5297
peoriabar.org

Need an attorney and not sure who to call? Visit our Lawyer Referral Service database by going to our website.

Prairie State Legal Services - Peoria Office
411 Hamilton Blvd., Ste. 1812
Peoria, IL 61602
(309) 674-9831
pslegal.org

Offers free legal services for low income persons and those age 60 and over who have serious civil legal problems and need legal help to solve them. The resources page on the website also provides references to self-help information. We represent hundreds of clients each year in preventing domestic violence and unlawful evictions; preserving their homes; obtaining and maintaining Medicaid, SSI and Social Security Disability benefits; keeping a custody of their children; and resolving a myriad of other problems that involve their basic human needs.



MEDICAL EQUIPMENT & ASSISTIVE DEVICES

This section includes agencies that specialize in providing durable medical devices and supplies, including such things as wheelchairs, walkers, respiratory equipment, incontinent pads and more. Some of the organizations listed receive donations of medical equipment and may then provide this equipment at no cost to individuals in need of it. In some cases, Medicare may pay with a doctor's order. Assistive technology devices are any items, pieces of equipment, or product systems that are used to increase, maintain, or improve functional capabilities of individuals with disabilities.

Medical Equipment and Supplies

Advanced Medical Homecare Supply

4918 N. Sheridan Rd.
Peoria, IL 61614
(309) 691-3600
advancedmedicalpeoria.com

AeroCare

3402 N. Prospect Rd.
Peoria, IL 61603-1520
(309) 681-8166
aerocareusa.com

Comfort Care Medical Supply

258 Farmdale Rd.
East Peoria, IL 61611
(309) 643-1881
comfortcareil.com

Complete Home Respiratory Care

2108 W. Townline Rd.
Peoria, IL 61615
(309) 689-5038
chrespiratorycare.com

Family Medical

3641 N. Meadowbrook Rd.
Peoria, IL 61604
(309) 682-1900
familymedicalpeoria.com

Graham Medical Equipment

101 S. Main St.
Canton, IL 61520
(309) 647-7207 or (800) 310-7207
grahamhealthsystem.org/health-services/
home-medical-equipment-supplies

OSF Home Medical Equipment

5405 N. Knoxville Ave. Ste. 300
Peoria, IL 61614
(309) 655-3440
osfhealthcare.org/practices/28/1301/osf-
home-medical-equipment

Peoria Specialty, Inc.

610 Abington St., Ste. 1
Peoria, IL 61603
(309) 693-4459
peoriaspecialty.com

Procare Home Health Services

1416 N. 8th St.
Pekin, IL 61554
(309) 347-4663

UnityPoint at Home - Medical Equipment

900 Main St., Ste. 130
Peoria, IL 61602
(800) 514-9862
unitypoint.org/peoria/medical-equipment-
and-supplies.aspx

Assistive Devices and Technology

ADA Total Access

125 Thunderbird Ln., Ste. 5
East Peoria, IL 61611
(309) 698-9290
adatatotalaccessinc.com

A one-stop supplier of all your accessible and mobility equipment needs, we provide everything from storage and stairway lifts to driving controls and beyond.

Central Illinois Center for the

Blind and Visually Impaired

2905 W. Garden St.
Peoria, IL 61605
(309) 637-3693
cicbvi.org

Sells braille, large-print materials. Products for sale on site. Assesses needs and offers individual and family counseling, support network, peer counseling, information and referral service to other agencies.

Harris Communications

15155 Technology Dr.
Eden Prairie, MN 55344
(800) 825-6758 TTY: (800) 825-9187
harriscomm.com

Over 1,000 products for Deaf and Hard of Hearing people; children, parents, teachers, students and interpreters including books, DVD, videos and assistive listening devices.

Illinois Assistive Technology Program

1020 S. Spring St.
Springfield, IL 62704
(217) 522-7985
TTY: (217) 522-9966
V/TTY: (800) 852-5110
itech.org

Improve the quality of life of all Illinoisans with disabilities and enable them through greater access to assistive technology devices to fully participate in all aspects of life.

ITAC (Illinois Telecommunications Access Corporation)

3001 Montvale Dr., Ste. A
Springfield, IL 62704
(800) 841-6167
itactty.org

Provides Illinois Relay phone service and an equipment program all free to qualifying individuals. Amplified Phones, Captioned Phones, TTY and Cell Phone Amplifiers, Electrolarynx and Speech Amplifier.

Personal Mobility

7611 N. Harker Dr.
Peoria, IL 61615
(309) 966-4329
personalmobilityinc.com

Sell and service equipment for people with physical challenges and special needs including wheelchairs, scooters, residential stair lifts, porch lifts, residential elevators, overhead patient lifts, and more. Work with any individual or organization to provide residential equipment in a home or commercial setting. Home and automotive modifications as well as new and used wheelchair accessible vehicle sales and service.

Sorenson Video Relay Service

(866) 756-6729
Videophone: 611 or (801) 386-8500
<https://www.sorensonvrs.com/>

Provides videophones and software exclusively to deaf individuals who require Video Relay Service (VRS) to place and receive calls. Provides high-quality, professional interpreters.



TCRC Sight Center
21310 Illinois Rte. 9
Tremont, IL 61568
(309) 347-7148

tcrc.org.com/services/sight-center-services
The center helps patients remain independent and self-sufficient through low vision optometric assessments, mobility services, specialized computer technology, community rehabilitation, optical aids and devices, and other support services.

Agencies / Social Service Programs

Advocates for Access
4450 N. Prospect Rd., Ste. C8
Peoria Heights, IL 61616
(309) 682-3500
advocatesforaccess.com

Improving the lives of individuals with blindness and low vision through advocacy, education, research, technology, and independence in the home and community.

Individuals experiencing visual impairments of blindness or low vision due to cataracts, diabetic retinopathy, glaucoma, macular degeneration are eligible for services.

Services include, but not limited to: daily living skills training, orientation & mobility training, communication skills training, assistive technology devices/aids, counseling (peer, individual, group).

Southside Mission Benevolence Center
2919 W. Garden St.
Peoria, IL 61605
(309) 673-1041
southsidemission.org/ministries/benevolence-center

Assists people that need a helping hand. From medical equipment and supplies to emergency appliances, from coats to groceries, our "Benevolence Center" is here to fill the gaps when those emergencies come up and there's no where else to turn.

The Hope Chest
1106 Derby St.
Pekin, IL 61555
(309) 620-9043
thehopechestil.com

Can provide emergency medical equipment based on needs and availability.

Services include:

- Retail Store
- Delivery Service
- Food Pantry (Hope Cupboard)
- Seeds of Hope
- Hope Estate Services
- Learn 2 Earn
- Community Service Hours Help
- One Stop Thrift Shop
- Non For Profit Organization
- Pet Food Pantry
- Back to School Back Pack Program
- Special Events on Seasonal Changes.

MENTAL HEALTH, COUNSELING, & SUPPORT GROUPS

Mental Health, Counseling, and Support Groups are behavioral health organizations that provide mental health services, individual and group counseling, and support groups focusing on dementia. One may learn about self-care, receive emotional and moral support, increase self-worth, share experiences, and be encouraged.

Crisis Response

For life-threatening concerns, call 911 or go to your nearest emergency department.

ERS Crisis Line: Peoria County (Emergency Response Services)
130 N. Richard Prior Pl.
Peoria, IL 61602
(309) 671-8084

<https://www.unitypoint.org/peoria/contact-unityplace.aspx>
Calls answered 24/7 with referrals to crisis counselors who respond to psychiatric, drug or alcohol related emergencies. They also respond to suicide interventions, family/relationship issues, non-criminal police contacts and requests for basic living needs. If needed, they can come to the place of residence and provide crisis mental health counseling and intervention.

National Suicide Prevention Lifeline
(800) 273-8255
suicidepreventionlifeline.org
Provides 24/7, free and confidential emotional support for people in suicidal crisis or emotional distress. Also prevention and crisis resources for you or your loved ones, and best practices for professionals. Trained crisis counselors will be available from your area by phone.

ERS Crisis Line: Tazewell and Woodford Counties (Emergency Response Services)
3248 Vandever Ave.
Pekin, IL 61554
(309) 347-1148
<https://www.unitypoint.org/peoria/contact-unityplace.aspx>

Calls answered 24/7 with referrals to crisis counselors who respond to psychiatric, drug or alcohol related emergencies. They also respond to suicide interventions, family/relationship issues, non-criminal police contacts and requests for basic living needs. If needed, they can come to the place of residence and provide crisis mental health counseling and intervention.

National Suicide Prevention Lifeline
(800) 273-8255
suicidepreventionlifeline.org

Provides 24/7, free and confidential emotional support for people in suicidal crisis or emotional distress. Also prevention and crisis resources for you or your loved ones, and best practices for professionals. Trained crisis counselors will be available from your area by phone.



Hotline for Families and Those Dealing with Dementia

Alzheimer's Association

24/7 Helpline: (800) 272-3900

This 24-hour hotline provides crisis support for caregivers in need.

alz.org/illinois

Peoria Area Office

614 W. Glen Ave.

Peoria, IL 61614

(309) 681-1100

Referrals are given for local resources to mental health organizations, support groups and more.

Alzheimer's Foundation of America

322 Eighth Ave., 16th Fl.

New York, NY 10001

National Toll-Free Helpline: (866) 232-8484

alzfdn.org

Contact our social services team via our National Toll-Free Helpline. If Alzheimer's is in your life, help is within your reach. AFA's National Toll-Free Helpline is open seven days a week and staffed entirely by licensed social workers specifically trained in dementia care.

Veterans Crisis Line

(800) 273-8255 (Press 1)

Crisis hotline for Veterans.

Counseling and Support Group Services

Bradley University Counseling Research and Training Clinic

Westlake Hall

810 N. Tobias

Peoria, IL 61625

(309) 677-3189

bradley.edu/sites/crtc

Emotional support for individuals and families, support groups, grief and loss support, training and education, connections to community resources, stress management plans, life management skills training.

The Center for Youth & Family Solutions

2610 W. Richwoods Blvd.

Peoria, IL 61604

(309) 323-6600

cyfsolutions.org

The New Day Senior In-Home Counseling Program provides professional counseling in the home to seniors coping with mental health issues such as depression, grief and loss, anxiety, family relationship issues, loss of functioning and chronic illness. Our program helps older adults continue to live in their own residence, and improve their quality of life by providing case management services, referral to community resources, and education around aging issues.

North Central Behavioral Health Systems

ncbhs.org

Provides services in:

Counseling

Working with a professional counselor can both alleviate pain and suffering, and add meaning and richness to life. Brief solution-focused counseling for those experiencing common issues such as depression, anxiety and stress.

Specialized Intensive & Rehabilitation

Specialized programs and services for addiction and other mental health conditions. Extensive services such as intensive mental health or substance use programs, medication management, psycho-social rehabilitation, community and home support, or a variety of other specialized services.

Online Counseling

Our Online Therapy service offers therapy at a lower cost, greater convenience and with added privacy.

Canton Office

229 Martin Ave.

Canton, IL 61520

(309) 647-1881

Lacon Office

Marshall County Health Dept.

319 Sixth St.

Lacon, IL 61540

(309) 647-1881

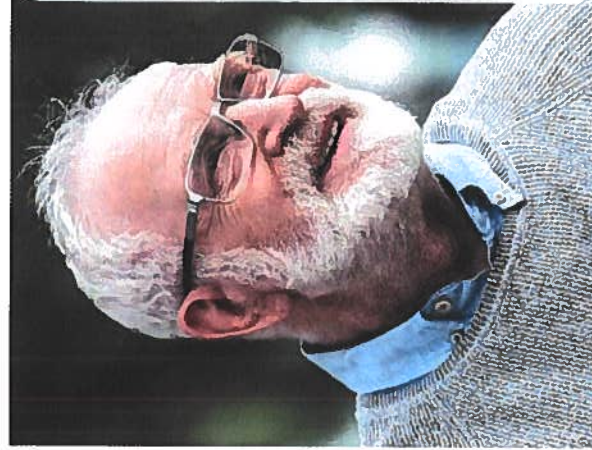
Toulon Office

Great River Health Care

120 E. Court St.

Toulon, IL 61483

(309) 647-1881



“I feel lonely. Can I talk to you?”

Institute on Aging is proud to offer “The Friendship Line” a toll free hot line available day or night to persons over 60 & adults living with disabilities. It is both a crisis intervention hot line and a warm line for non urgent calls that connects seniors with round-the-clock crisis support.

(800) 971-0016

- Suicide Intervention
- Emotional Support
- Elder Abuse Prevention/Counseling
- Giving Well-Being Checks
- Grief Support
- Information and Referrals

UnityPoint Health – UnityPlace

221 N.E. Glen Oak Ave.
Peoria, IL 61636
(309) 672-5522
<https://www.unitypoint.org/peoria/unityplace.aspx>

UnityPlace is proud to offer the most comprehensive addiction and mental health services in the region to you and your family. UnityPlace was formed by the joining of UnityPointHealth®, Human Service Center and Tazwood Center for Wellness in April of 2019. UnityPlace is a new non-profit organization dedicated to meeting the growing behavioral health care needs of the community. Our compassionate and committed treatment team is comprised of many experts from psychiatry and addiction medicine. The following are resource listings of UnityPlace for mental health and addiction services.

Mental Health Services

Inpatient Services

When immediate safety is not a concern, contact:

Child and Adolescent Services
(309) 672-5600

Adult and Senior Services

Proctor (309) 672-4150

Seniors can be evaluated immediately in the ER. Must call for evaluation if not taken through ER.

Outpatient Services

Peoria, Woodford, and Tazewell Counties
Methodist | Proctor - (309) 672-5609
Human Service Center - (309) 671-8040
True North - (309) 589-1011
Tazwood Center for Wellness - (309) 347-5522

Addiction Services

Human Service Center-Peoria, IL
Residential, Outpatient, Medication-Assisted Treatment (309) 671-8040
Medical Detox (309) 689-3080
True North Individual Counseling - (309) 589-1011

Illinois Institute for Addiction Recovery - Peoria, IL
(309) 691-1055

Withdrawal Management, Inpatient, Partial Hospitalization, Outpatient, Medication Assisted Treatment (309) 691-1055

Tazwood Center for Wellness Outpatient

Pekin - (309) 347-5522
East Peoria - (309) 694-6462
Lincoln - (217) 732-6865

RESPITE CARE

Respite services allow a caregiver to take a break from caregiving or a task which can be physically and mentally exhausting at times. Services can be either in the form of providing a professional caregiver to come into the home and care for the recipient, or a facility that the recipient may go to for care for a certain period of time.

Referrals for caregivers to local respite agencies and other community support, trainings and presentations about respite. Emergency respite funding available for caregivers in a crisis. Possible emergencies include: caregiver illness (physical or mental), caregiver hospitalization or doctor appointment, funeral/wake to attend, work related situation, risk of loss of employment. Preparation for care recipient to transition between living arrangements.

ARCH National Respite Network and Resource Center

Jill Kagan, MPH
Program Director
(703) 256-2084
jkagan@archrespite.org
archrespite.org

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums. Includes the National Respite Locator, a service to help caregivers and professionals locate respite services in their community.

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net

Respite care is a 6 ¾ hour period of rest time authorized, if eligible, every 90 days by a certified home health CNA (Certified Nursing Assistant), RN (Registered Nurse), Skilled Care nursing facility, or the ability to enroll your loved one in an adult day care health facility (for a total of 12 ½ hours every 90 days). This will enable you to do your errands, rest, take some time to care for yourself, all the while ensuring your peace of mind that your loved one is in the care of trained professionals.



Illinois Respite Coalition (IRC)

17314 S. Kedzie Ave.
Hazel Crest, IL 60429
(630) 207-8479

illinoisrespitecoalition.org

Is a not-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for the residents of Illinois. The IRC is dedicated to spreading the awareness of lifespan respite for caregivers of individuals with special needs. The IRC is able to assist caregivers by connecting them to resources in their area, provide training on respite topics, and have funding available for emergency respite.

OSF Senior World

719 N. William Kumpf Blvd., Ste. 300
Peoria, IL 61605
(309) 495-4530

osfhealthcare.org/adult-day

Senior World Adult Day Services have provided care for the frail elderly, disabled and cognitively impaired since 1981. This is a cost-effective option for those wishing to remain in their home or the community and need assistance during the day. Senior World has a professionally trained staff in the areas of gerontology, social work, nursing, recreational activities, certified nursing assistants and food certified managers.

It's OK TO TAKE A BREAK.

One universal experience that caregivers can agree on is the guilt that comes with saying they need help with their loved one.

They often wait far longer than they should to seek help and by the time they do, are often burnt out and emotionally drained.

Every caregiver deserves to take time for themselves for self-care.

Adult day program are a wonderful tool to assist you with getting the time you need to hit the reset button on your emotions and thoughts as well as giving your loved one valuable socialization with others.

You have to take care of yourself in order to effectively take care of others. Your loved one will benefit from being with other seniors and you will benefit from taking the time out you need and deserve.

TRANSPORTATION

Agencies that provide transportation services are those that provide this service for individuals with special needs. They provide a higher level of service than regular public transportation companies. Examples of specialized services include door-to-door service and wheelchair-accessible vehicles.

Central Illinois Agency on Aging, Inc.

700 Hamilton Blvd.
Peoria, IL 61603
(309) 674-2071
ciaoa.net

CIAA funded Transportation Services are available for Seniors 60 and older who have no other means of transportation in Peoria and Tazewell Counties. Transportation services to and from community facilities and resources for the purpose to reduce isolation and to promote successful independent living. Individuals are interviewed and assessed to determine that this is the transportation of last resort. There is no charge for services, but voluntary donations are accepted. Due to limited funding, a list of priority trips has been established.

CityLift

Administrative Offices
2105 N.E. Jefferson Ave.
Peoria, IL 61603

(309) 679-8183 for information and to apply
(309) 999-3667 to schedule a trip
ridecitylink.org/about/citylift

Services provided: Door to door service for individuals who cannot ride standard buses. Fare: \$2 per trip or \$4 round trip
Persons who seek paratransit service must first obtain and complete an application.

Benefit Access Program

Central Illinois Agency on Aging, Inc.
304 Morgan St.
Peoria, IL 61603
(309) 674-2071

illinois.gov/aging/benefitsaccess
Benefits include: Seniors Ride Free Transit, Persons with Disabilities Free Transit Ride, and Secretary of State License Plate Discount. Call or see website for eligibility requirements, to apply, or to check your application status.

Fulton County Rural Transit

500 N. Main St.
Canton, IL 61520
(309) 357-5226

fultonco.org/fulton-county-rural-transit

Provides safe, affordable and cost-effective public transportation to the citizens of Fulton County, with an emphasis on services to the economically disadvantaged, seniors and the disabled. Transportation must originate from anywhere within Fulton County. People are able to schedule transportation to appointments outside of Fulton County. Transportation fees vary. Transportation one way in Canton is \$2.00, one way within Fulton County is \$5.00, one way across the county lines is \$7.00, a wait fee of \$10.00 per hour is charged for appointments where the van waits longer than fifteen minutes. Reduced rates for seniors and persons with disabilities are available. Rides should be scheduled no less than 24 hours in advance.

Miller Center
551 S. 14th St.
Pekin, IL 61554
(309) 346-5210

pekinparkdistrict.org/millercenter.html
Contact us for information or assistance concerning education, nutrition, health issues, legal aid, employment, transportation, recreation, social counseling, and cultural topics for mature adults.

MSW Projects of Henry Illinois
1013 Western Ave.
Henry, IL, 61537

(309) 364-2287
marshallcountyillinois.com/wp-content/uploads/2019/12/MSW-Passenger-Handbook.pdf

MSW Projects of Henry is the operator of public transportation to the general public who reside in, or are traveling to, Marshall or Stark County. Provides door to door NON-EMERGENCY public transportation. Passengers are encouraged to call (309) 364-2287 to make a reservation two (2) weeks before transportation is needed or as far ahead as possible for reservations. MSW Projects attempts to schedule your ride when you request.

Fares: All fares are for round trip service. Aged 60 & older: Voluntary donation. Under age 60: - Regular scheduled van: \$10 - Regular scheduled Stark van to Kewanee: \$6 Individual Transports: - Local (within your community): \$3 - In-County (within your county): \$5 - County to County (trips under 15 miles one way, ex. Marshall County to Chillicothe or Minonk, or Stark to Kewanee): \$6 - Transports over 15 miles one way: \$15 Children under the age of 18 years old ride for free with an adult.



We Care

111 Detroit Pkwy.
Morton, IL 61550
(309) 263-7708
wecareofmorton.com

Transportation is available to the General Public including Senior Citizens and those with disabilities in Morton, Rural Tazewell County and Woodford County. Transportation is available for medical appointments, employment, grocery shopping, and hospital or nursing home visits. Our buses are wheelchair accessible. Seniors ride for donation only. Escorts ride for free. Handicapped accessible.



VETERANS SERVICES

Ameren Illinois Military Support Program

Ameren Illinois
Attn: Energy Assistance, A-10
AIMS Program
P.O. Box 2543
Decatur, IL 62525
(800) 755-5000

ameren.com/illinois/account/customer-assistance/payment/options/payment-assistance/military

The Ameren Illinois Military Support program provides energy grants of up to \$150 to help pay electric bills for qualifying active members of the military and disabled veterans.

We are proud to support those who serve our country by offering a variety of programs and benefits to active duty members of the military and veterans.

Are you on active duty? Let us know! We can code your Ameren Illinois account to reflect your active status to help ensure that you receive the benefits you're entitled to as an active member of the U.S. military. To notify us of your status, please send a copy of your orders and account number by email.

Recruiting veterans: We have a long-standing tradition of hiring veterans and are committed to hiring veterans in the future. If you expect to transition out of the military within the next six months to two years, contact us to discuss a career at Ameren.

Bob Michael Dept. of Veterans Affairs Outpatient Clinic

7717 N. Orange Prairie Rd.
Peoria, IL 61615
(309) 589-6800

danville.va.gov/locations/Peoria_Illinois.asp
Veterans receive primary care medical services, social work services, behavioral health services, lab work and referrals to specialty care within VA Illinois Healthcare system.

The VA offers a number of services that can provide you with the support that's right for you. Whether you and the Veteran you care for could use some help at home or you just need someone to listen, we're here to support you. There are a variety of services available to Family Caregivers through the Caregiver Support Program. Contact VA's Caregiver Support Line (855) 260-3274 or your local Caregiver Support Coordinator at (217) 554-5124 for assistance.

The VA also has a Veterans Transportation Program (VTP) which offers Veterans many travel solutions to and from their VA health care facilities. This program offers these services at little or no costs to eligible Veterans.

Greater Peoria Honor Flight

P.O. Box 5072
Peoria, IL 61601
(309) 397-6975

greaterpeoriahonorflight.org

Veterans are taken on a free flight to Washington D.C. to see their memorial and brought home to a hero's welcome at the Peoria International Airport. This is our way of thanking our veterans for their service to our country. Interested applicants can apply online or print the application and mail it in. Details on the program and selection process can be found on the website.

Illinois Valley Fuller Center For Housing

1716 N. University St.
Peoria, IL 61604
(309) 363-3737
ivfuller.org

Volunteer-based home repair and home modification organization to help Veterans and their families. We provide home repairs to income qualified Veterans at little or no cost to the Veteran. Repairs focus on safety and security, and are approved by our housing committee. Also do furnace safety checks and yard cleanups.

Illinois Veterans Affairs Department

401 Main St., Ste. 650
Peoria, IL 61602
(309) 671-3179
illinois.gov/veterans

Provides support for veterans of the US Armed Forces. Veteran Services connects veterans with several government agencies and nonprofit organizations at the federal, Illinois state, and Peoria level. These services include veteran benefits assistance, services for veterans with disabilities, and information about medical care, insurance, and education benefits. The U.S. Department of Veterans Affairs (VA) also provides veteran services in Peoria. You may contact Veterans Services for questions about: applying for military and veterans' benefits, Veterans Affairs Offices and Vet Centers, Peoria County VA Hospitals and health benefits, VA Burial services, Peoria County VFW and AMVETS posts.

Living By Your Design

809 W. Detweiller Dr.
Peoria, IL 61615
(309) 285-8088
livingbyyourdesigninc.com/veteran-benefits

Living By Your Design can help simplify applying for the VA Aid & Attendance Pension. This helps pay for: Assisted Living, Nursing Home, Home Health Care and Independent Living with Home Health Care. In addition, we can assist you with figuring out what documents and information that are needed. Assisted by a VA Accredited Attorney.

Peoria County Veterans Assistance

3116 N. Dries Ln., Ste. 200
Peoria, IL 61604
(309) 681-2554
peoriacounty.org/veteransassistance

The Veterans Assistance program is an emergency and interim financial assistance program and should not be considered to be an ongoing financial supportive program. All assistance provided by the VACPC is predicated on an established standard of need as set forth by IDHS. It is not the intent of either the Commission or the County to provide assistance either less than or in excess of the levels of assistance adopted by IDHS.

Applicants for Veterans Assistance shall be residents of Peoria County and unable to provide food, shelter, and medical care for themselves or their dependents. Applicants must have applied for Public Aid (AFDC, Food Stamps, and medical).

The following assistance is given upon qualification:

Food Orders and Personal Items: Depending on size of family.

Utilities and Fuel: Utility payments will be made, providing the applicant qualifies in other respects. No deposits or past due bills will be paid to the utility company.

Rent Payments: This Veterans Assistance office does not pay security deposits, back rents or home finding fees. Rents shall not be paid to relatives unless it is a separate rental dwelling. *Transportation:* The VA will provide Transportation for the veteran to the local Veterans Medical Center by the least expensive means when necessary.

Peoria Vet Center

U.S. Department of Veterans Affairs
8305 N. Allen Rd., Ste. 1
Peoria, IL 61615
(309) 689-9708
Va.gov

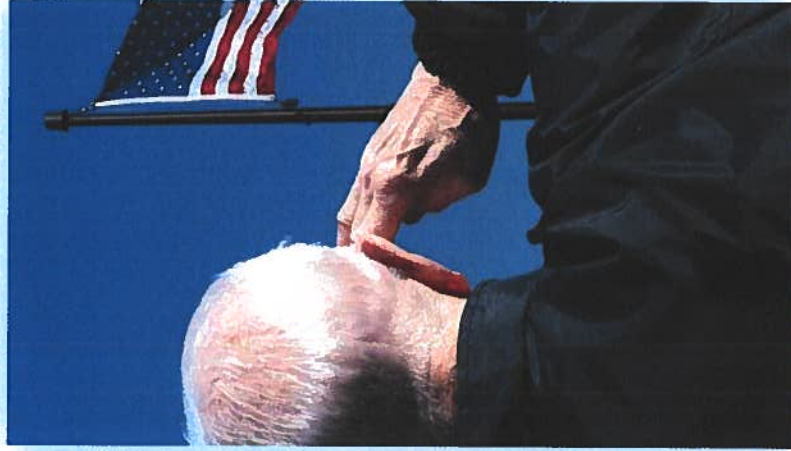
Vet Centers provide a broad range of services including health care, counseling, outreach, and referral services to Veterans, their families, and their caregivers. Vet Centers provide guidance through many of the major adjustments in lifestyle that often occur after a Veteran returns from combat. Services for a Veteran may include individual and group counseling in areas such as Post-Traumatic Stress Disorder (PTSD), alcohol and drug assessment, and suicide prevention referrals. All services are free of cost and are strictly confidential.

The Salvation Army Veterans

Outreach Center
416 N.E. Jefferson St.
Peoria, IL 61603
(309) 655-7220
centralusa.salvationarmy.org/peoria/

centralusa.salvationarmy.org/peoria/peoria-outreach-center
Provided in the Heartland Division through our SSVF or Supportive Services for Veteran Families, this program is a housing stability-focused service delivery program for very low-income veteran families throughout Central Illinois. This program will serve veteran families that are homeless or imminently at risk of being homeless. The goal is to stabilize these families in housing, while providing ongoing support as needed to sustain independent living.

Services provided include: bus fare, case management, transportation expenses, utility deposit/payment assistance, rental deposit/payment assistance, specialized information & referrals.



VOLUNTEERS

This section includes those agencies that provide volunteers to help with a wide variety of needs. They may help by assisting with activities of daily living, or by providing transportation, or by just being a friendly visitor to keep company with a lonely person. Call to inquire if the agency has a volunteer available that can provide a specific service. Also, contact them if you are interested in being a volunteer for them. You can also contact your local church or school to inquire if they have volunteers that can help.

The Center for Youth & Family Solutions -

New Day Senior Services

2610 W. Richwoods Blvd.
Peoria, IL 61604
(309) 323-6600

cysolutions.org/services/seniors

Caring volunteers to help seniors continue to live in their own residence and positively influence seniors' experience of aging.

Friendly Visitor volunteers help seniors feel less isolated and can provide an array of services depending on the needs of each senior and the gifts and talents of each volunteer:

Companionship: visiting in-person or by phone, discussing current events, recording family history, playing cards, or watching movies improve a senior's quality of life. Also providing respite for caregivers.

Safety and Health: preparing grocery lists, arranging appointments, leaving important reminders to help seniors stay healthy & safe in their own home.

Transportation: escorting to doctor appointments, religious services, club meetings or hair salon or barber, going shopping and running errands can make a big difference in a senior's day.

Socialization and Community Involvement: planning outings and trips, visiting neighbors and friends, write letters and e-mails, going out for lunch, or seeing a play or concert are just some of the ways you can socialize with seniors through this program.

Pekin Public Library

Home Bound Delivery Program

301 S. 4th St.
Pekin, IL 61554
(309) 347-7111
pekinpubliclibrary.org

Homebound seniors can have 3-20 library items a month brought to their home. Volunteers deliver requested items on the 1st Tuesday of every month. An application is filled online on the website and staff selects items based on the senior's interests. Must be within the Pekin area to participate.

Retired and Senior Volunteer Program (RSVP) of Peoria and Tazewell Counties

2610 W. Richwoods Blvd.

Peoria, IL 61604
(309) 323-6600

cysolutions.org/services/youth-family-community-outreach-services/retired-senior-volunteer-program-peoria-tazewell-counties
Recruits volunteers to assist existing, nonprofit organizations ranging from area schools and after-school programs, to parks and recreational areas, to hospitals and clinics, to food delivery and food pantry sites, to agencies providing services to in-home seniors, and to any number of other organizations that are faced with shrinking federal and state resources that help carry out their missions.

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